

DEPARTMENT OF THE AIR FORCE

4TH FIGHTER WING (ACC) SEYMOUR JOHNSON AIR FORCE BASE NC

MEMORANDUM FOR INCOMING 4 FW PERSONNEL.

FROM: 4 FW/CC

1510 Wright Brothers Ave, Suite 100 Seymour Johnson AFB, NC 27531-2468

SUBJECT: Welcome Letter

- 1. Welcome to Seymour Johnson Air Force Base, North Carolina, home of the 4th Fighter Wing and the 916th Refueling Wing. We are pleased to have you as a member of "Team Seymour." We believe Air Force members and their families are our most important resource; therefore, we place strong emphasis on programs to assist you in your transition into your new duties and our local community. You'll learn more about these from your sponsor and during the Airman and Family Newcomers' Orientation/Right Start briefing.
- 2. The 4th Fighter Wing is a key warfighting asset in our nation's Expeditionary Aerospace Force. Every member, whether military or civilian, plays a vital role in our worldwide deployment and combat capabilities, as well as our F-15E combat crew training mission. You're now an important part of a highly dedicated team and we're confident the skills and fresh perspectives you bring to the fight will make a significant impact on mission accomplishment.
- 3. Remember, every member of this Wing contributes to our mission, "Dominant Strike Eagle Airpower...Anytime, Anyplace." Once again, welcome to the "Fourth but First."

MARK H. SLOCUM, Colonel, USAF

Commander

CHECKLIST FOR YOUR SPONSOR

This checklist is directly from AFI 36-2103; the AFI that governs the newcomer program. It outlines the responsibilities of your sponsor. You play an important role as well--the info you provide your sponsor will help ensure a smooth transition for you and your family. As your sponsor goes through this checklist you are both encouraged to make specific arrangements and add or delete steps as needed.

AFI 36-2103 Attachment 4: Checklist for Sponsor

The first impression a newcomer gets of a base comes from his or her sponsor. The success of a good INTRO program is tied to first impressions. Since the needs of each newcomer vary, a sponsor must find out what those needs are and respond to them.		
Call the newcomer and tell them you're there to provide information and assistance to make the move smooth as possible. Listen: Many times a newcomer can reduce stress by merely talking to someone "already there." Be open and honest and stay positive. Remember, it's not good enough to just say "let me know what you need," anticipate their needs.		
o Ask these questions:		
Will your family members accompany you? Names, ages, interests?		
Do you need information about other services? Banking, child care, education, etc.?		
 Do you want me to meet you when you arrive? Date, time, location. 		
Do you want a post office box?		
• Is there anything else you need?		
Pick up a sponsor kit from your Unit INTRO Program Manager. Personalize it by taking out unnecessary information and adding information requested. Mail it within seven calendar days.		
Include a personalized letter from your commander and your own personal letter. Include your home and duty phone numbers and address. Remind newcomers to let you know of any changes to their plans. Reconfirm the departure date, arrival date, and reporting-in date and ensure member is aware of the 24 hou arrival point. Upon arrival, personally meet the newcomer. Make the member feel welcomed.		
Visit the base housing office and get information about on- and off-base housing. If the newcomer is interested in residing on-base, remind them to apply in advance.		
Make temporary lodging arrangements for the newcomer and family and communicate details by personal email or phone.		
Personally meet your newcomer upon arrival or arrange for them to be met if you are unable to do so personally due to duty commitments. Make sure that you directly email and/or phone them to tell them who will be meeting them upon arrival or where to go for transportation at an airport etc. Make sure you bring transportation that will accommodate the entire family as well as pets.		
Personally take the newcomer to lodging.		
Personally take the newcomer to A&FRC and encourage them to use the Relocation Program.		
Introduce the newcomer to his/her commander, supervisor, key personnel and fellow co-workers.		
Show the newcomer around the base facilities such as commissary, fitness centers, chapel, and Family Center.		
Give the newcomer a community tour.		
Accompany the newcomer through in-processing and check-in procedures.		

LINKS TO SEYMOUR JOHNSON AFB RESOURSES AND THE LOCAL COMMUNITY

Seymour Johnson AFB Main Page » Start getting to know Seymour Johnson AFB. http://www.seymourjohnson.af.mil/

Seymour Johnson "My Base Guide" » Base guide and telephone directory http://www.mybaseguide.com/air force/140/seymour johnson afb

Military Installations Guide for Seymour John AFB » Official DoD source for installation resources http://www.militaryinstallations.dod.mil/MOS/f?p=132:CONTENT:0::NO::P4 INST ID,P4 INST TYPE:3835,INSTALLATION

Plan My Move » Planning tools and checklists to help you "Take charge of your PCS move" https://apps.militaryonesource.mil/MOS/f?p=PMM:ENTRY:0

MilitaryOneSource » Info about benefits, deployments, reintegration, moves, parenthood, retirement and more http://www.militaryonesource.mil/

Armed Forces Crossroads » Information and support for the military community http://www.afcrossroads.com/index.cfm

Privatized Housing on Base » Information, links, floor plans, photos about our beautiful base community http://airforce.corviasmilitaryliving.com/seymour-johnson

Air Force Housing » The Housing Management Office assists you with both on and off base housing http://www.housing.af.mil/seymourjohnson/

Housing & Urban Development site for rentals » Learn more about renting and HUD rental assistance programs www.hud.gov/renting

Move.com » Search apartments and homes for rent in the United States http://www.move.com/

North Carolina DMV » Drivers licenses, address changes and more http://www.dmv.org/nc-north-carolina/

Relocating with Pets » Recourses for families with pets http://www.pettravel.com/ http://petfriendlytravel.com/ http://petfriendlytravel.com/</a

School Liaison Officer Information » Your advocate for the educational needs of your children http://www.seymourjohnson.af.mil/library/factsheets/factsheet.asp?id=4321

Wayne County Public Schools » Information about the local public schools http://www.waynecountyschools.org/

NC Kindergarten Requirements » Information from the NC State Board of Education http://stateboard.ncpublicschools.gov/legal-affairs/resources-1/school-entry-age

NC Prekindergarten Program » Pre-k classroom information for eligible four-year-old children http://ncchildcare.dhhs.state.nc.us/general/mb_ncprek.asp

NC Private Schools » Information about private schools in the area http://www.privateschoolreview.com/north-carolina

NC Division of Non-Public Schools » Information on home-schooling and private schools in North Carolina http://www.ncdnpe.org/

Military Youth on the Move » Check out the videos, articles and more geared to military kids and teens http://www.militaryonesource.mil/family-and-relationships/military-youth-on-the-move

Wingman Toolkit » Resilience tools to maintain a balanced lifestyle http://www.wingmantoolkit.org/

Key Spouse » Information about the Key Spouse Program http://www.wingmantoolkit.org/key-spouse/

Air Force 101 Back-To-Basics Spouse Support Guide » A support page for spouses packed with info https://www.usafservices.com/Home/SpouseSupport.aspx

Spouse Employment Facebook » A Seymour Johnson Community Facebook page for spouses seeking jobs https://www.facebook.com/sjjobs

NCWorks » One-stop online resource for job seekers and employers in North Carolina. https://www.ncworks.gov/vosnet/Default.aspx

Operation We Are Here » Resources and encouragement for military families www.operationwearehere.com/index.html

EFMP INFO » Visit Seymour Johnson AFB's EFMP Facebook page https://www.facebook.com/sjefmp

Visit North Carolina » Find things to do all over the state, request a free North Carolina visitor guide http://www.visitnc.com/

Wayne County » Lots of information about the community surrounding Seymour Johnson AFB http://www.waynegov.com/

Goldsboro » Great website with lots of information about Goldsboro. http://www.goldsboronc.gov/

Outer Banks » The beautiful coast of North Carolina, request a free outer banks visitor guide www.outerbanks.org

Fort Fisher Air Force Recreation Area » Reserve your new cottage right next to the beach! http://ftfishermilrec.com/

Raleigh » Official tourism site of Raleigh, North Carolina www.visitraleigh.com

www.MilitaryINSTALLATIONS.dod.mil

MilitaryInstallations Booklet for Seymour Johnson AFB

Fast Facts

Location: Seymour Johnson AFB is located in the southeast section of Goldsboro, North Carolina in the middle of Wayne County. Located midway between Raleigh and the coast, Seymour Johnson Air Force Base is home to the 4th Fighter Wing (ACC) and 916th Air Refueling Wing. The base occupies 3,300 acres. It is surrounded mainly by smaller farming communities producing cotton, tobacco, wheat, corn, chickens and pigs, which could be one of the reasons that Goldsboro and the entire state is known for its world famous North Carolina BBQ. Seymour Johnson AFB homepage.

BRAC Status: Gain of 362 personnel.

Cost of Living: Goldsboro is a medium sized town with a moderate cost of living. Compared to the rest of the country, Goldsboro's cost of living is 22.16% lower than the U.S. average.

Base Operator: 919-722-1110 or DSN 312-722-1110

Population:

4,600 active duty 6,000 family members 1,000 civilians 882 reservists

Area Population: Goldsboro: 37,639

Child Development Centers: Seymour Johnson AFB Child Development Center has a capacity for 186 children, 6 weeks to 5 years of age. Programs include Full Time Hourly Care Drop-in Care. Call 919-722-1198/1199.

Base Chapel

The Base Chapel at Seymour Johnson AFB offers an array of worship opportunities to the military community. In addition to religious services and spiritual growth studies, there is a wide variety of weekly programs and activities for men, women and youth of all ages. Our chaplains provide 100% confidential counseling to Department of Defense members and their families. For more details about Protestant, Catholic or other faith group services, please contact the Chapel at 722-0315 during our normal duty hours of 0730-1630 Monday through Friday. For emergencies during non-duty hours, you may contact the duty chaplain via the Base Command Post at 722-1973. Please see the Chapel's Facebook page at "Seymour Johnson AFB Chapel" for information on upcoming activities and programs.

Family Child Care Program is available for youth 2 weeks to 12 years of age. FCC homes are available both on and off-base. Call 919-722-7194.

Schools: None on base. The Wayne County Public School system serves children living on and off base and consists of 14 elementary schools, 10 middle schools, 8 high schools, one alternative school and one developmental school for children with moderate to severe special needs. Two of the high schools, Wayne School of Engineering (grades 6-12) located on the campus of Goldsboro High School and Wayne Early Middle College High School located on the campus of Wayne Community College are considered non-traditional high schools. Students are accepted into these non-traditional high schools by application approval only. Students living in base housing may attend Meadow Lane Elementary School (PK-4), Greenwood Middle School (5-8), Eastern Wayne High School (9-12) or a non-traditional high school if application is approved. There are also two charter schools and several private schools in the area and support groups for parents who home school. Please contact the base's School Liaison Officer to obtain information about the various school options in the area at phone number 919-722-0691 or at The Airman and Family Readiness Center, building 3602, 1200 Wright Brothers Avenue.

Youth Programs: SJAFB Youth Center offers programs and activities for youth ages 9-18. Programs and activities include indoor Gym, Arts and Crafts Room, Homework Room, Computer Training, Youth Sports, Outdoor Basketball Court, Before and After School Program for youth K-6th grade, Teen Lounge, a variety of BGCA and 4H clubs, D.J. Club, Life Skills Training, Lock-Ins, Trips, Dances and more! We also have W.I.N.K., a youth sponsorship program, for incoming and outgoing youth. . Call the Youth Center at 919-722-0502.

Airman and Family Readiness Center: Airman and Family Readiness Center, 919-722-1123. The *Airman and Family Readiness Center* (A&FRC) is Seymour Johnson's "one stop" shop for Airmen and families, providing specialized

services and support to the active duty, guard, reserves, retirees, their family members and DoD civilians. The A&FRC supports and maintains mission readiness by assisting individuals and families with adaptation to the challenges and demands of expeditionary operations and the military lifestyle.

Housing: New arrivals should check into the housing office, 1500 Vermont Garrison, for possible availability on base. If housing is not available, an off-base housing referral specialist will be available to assist you with looking for housing within a 30 mile radius of the base. For additional information, you may contact the Housing Office at 919-722-0362/0363/0364 or the Housing Referral Assistant at 919-722-0595. They will provide you with up-to-date details about government housing, and information about the real estate market in the new community. Please visit our Housing Facebook page and be our Facebook friend. The site will provide you with pictures, floor plans, and other information about our wonderful housing community on base. Due to the ongoing renovations, pictures of the new units currently being constructed will be uploaded in 2012-2013. Currently, we have 529 housing units. By 2013 on-base housing units will number 708. The type of home you may acquire is subject to rank and family needs.

Employment: Employment in the local area is oriented toward service, retail, and manufacturing. The unemployment rate for Goldsboro is 8.5%. The median household income is \$35, 384. For information about non-appropriated funds (NAF) job opportunities on base, visit the Human Resources Office website, www.nafjobs.org. For information about appropriated fund (civil service) job opportunities, visit the Federal Government's Official Job Site, www.usajobs.gov.

Base Services:

Force Support Squadron: Recreation at Seymour Johnson Air Force Base - Goldsboro, NC includes arts and crafts, bowling, library, auto hobby, community center, recreation center, theater, golf, gym, tennis, swimming, outdoor activities, clubs, fitness center and camping.

Commissaries: 1 large commissary on base; 919-722-0321

Exchange System: 1 exchange, a mall and 1 shoppette; 919-735-8511

Financial Institution on base: North Carolina Community Federal Credit Union; 919-583-9105

Medical Services: Koritz Clinic, a small community clinic, offers primary care and limited specialty care. Most specialty care, to include obstetrics, is referred to a local network of providers. Health care requiring an inpatient stay is also referred to a local hospital or medical center. Call 919-722-1802.

Special Messages:

Southern Pines Inn has 161 temporary lodging rooms, 69 of which are designed to accommodate families. We highly encourage guests to make lodging arrangements well in advance, to ensure availability, by calling 919-722-0385 or DSN 312-722-0385.

Childcare is provided thru the "Childcare for PCS" program which includes 20 hours of free childcare and is available to all ranks. This "Child Care for PCS" opportunity expires 60 days after your arrival. For additional information, please contact the A&FRC staff at 919-722-1123/1124 or DSN 312-722-1123.

Club Information - If you have a hobby or special activity you like to do check out the "Club Information" Link on the homepage of Seymour Johnson AFB website. It has a complete list of special interest clubs from hunting, biking, extreme couponing plus a whole lot more. These clubs are located on the base or in the Goldsboro area. Latest and Greatest! Goldsboro now has Uber Services available. Download the app for more for details. Defense Service Network (DSN) Dialing Instructions

The DSN is the provider of long-distance communications service for the Department of Defense (DoD). Every installation has a special DSN number and the numbers vary by world-wide location. In order to place a call using DSN, the caller must be using a military phone on an installation. Cell phones cannot dial DSN numbers. When dialing a DSN number from a United States installation to another United States installation, it is unnecessary to dial the DSN 312 area code. When dialing a DSN number to/from overseas locations, the DSN area code must be included. The operator can be reached at commercial (719) 567-1110. Please note that long distance charges may be incurred.

Overview

Location

Seymour Johnson AFB is located in the southeast section of Goldsboro, North Carolina in the middle of Wayne County. The base occupies 3,300 acres. Goldsboro is a medium sized town with a moderate cost of living. It is surrounded mainly by smaller farming communities producing cotton, tobacco, wheat, corn, chickens and pigs. That could be one of the reasons that Goldsboro and the entire state is known for its world famous North Carolina BBQ. The local community is a huge supporter of our military members and their families.

All numbers listed are in the 919 area code, except as indicated. Phone numbers are as follows: DSN 312-722-XXXX; Operator Assistance DSN 312-722-1110.

History

One of the Air Forces most distinguished fighter wings, the 4th Fighter Wing was born in the hearts of the Royal Air Force Eagle Squadrons volunteers who fought for England against the Nazis even before the United States entered World War II. In September 1942 the Eagle Squadrons became the 4th Fighter Group, which destroyed 1,016 German planes, more than any group in history. In the Korean War the 4th Fighter Interceptor Wing destroyed more enemy MiGs than the entire rest of the US Air Force combined. Since that time, through Vietnam, DESERT STORM and our wars of today, the 4th Fighter Wing has been the tip of the spear aimed at America's enemies. On June 2, 2011 the 4th Fighter Wing was awarded the first ever James "Jimmy" Doolittle Award for outstanding heritage by the Air Force Historical Foundation. Seymour Johnson Field, named after Goldsboro native and Naval Aviator hero Lt. Seymour Johnson, was activated in June 1942, and was deactivated in May 1946. Community leaders, led by Goldsboro Mayor Scott B. Berkeley, Sr., were successful in their campaign to reactivate the base in 1956. Seymour Johnson Air Force Base became active as a Tactical Air Command base, and has been an active Air Combat Command (ACC) base since the Air Force's reorganization in June 1992. The 4th Fighter Wing was redesignated 4th Tactical Fighter Wing in July 1958; 4th Wing in April 1991; and 4th Fighter Wing in December 1995. For additional history visit the installation's homepage.

Mission

The 4th Fighter Wing is the host unit at Seymour Johnson Air Force Base, and accomplishes its training and operational missions with F-15E Strike Eagles. Two of the wings' four fighter squadrons are operational units, capable of deploying world-wide on short notice and immediately generating combat power. The other two squadrons are responsible for training all F-15E aircrews for the Air Force. The 916th ARW, a tenant unit at Seymour, is an Air Force Reserve Command Wing under Air Mobility Command. It is assigned 10 KC-135R Stratotankers.

Population Served

Seymour Johnson currently has over 530 active duty officers, and over 3, 800 enlisted members and their families stationed here. The base also employs over 1,000 civilian employees plus numerous contractors. The city of Goldsboro has a population of over 37,639, while the county has a population of over 112,000 and continues to grow everyday.

Sponsorship

If you are within 30 days of relocating to Seymour Johnson and have requested a sponsor but have not been contacted by him/her, or you've received a short-notice assignment, please contact your Unit INTRO Monitor or our servicing Military Personnel Section at 919-722-8686, immediately. All single first term airmen having difficulty contacting a sponsor should contact our Airman Dormitory Leaders (ADL) during normal duty hours (7:30 a.m. - 4:30 p.m. Tues, Thurs, and 9:00 a.m. - 4:30 p.m. Mon, Wed, Fri) at 919-722-7482/7483/7485/7487 so they can verify your arrival date and start planning for your dorm room assignment. If you arrive station without sponsorship after hours, weekend, or holiday, you may contact the CE Service Call Desk at 919-722-5139. The 24/7 service will contact a ADL to assist you with a Hospitality Room in the dormitory until your permanent room is ready for occupancy.

For those who want a temporary mailing address, General Delivery Address procedures are as follows: include Your Name, General Delivery, PSC Box 2000, Seymour Johnson AFB, NC 27531 (located on Wright Brothers Ave., Building 3621).

Temporary Quarters

The Southern Pines Inn has 161 temporary lodging rooms, 69 of which are designed to accommodate families. The facilities consist of 1 and 2 bedroom units and offer designated handicap rooms. A limited number of pet friendly rooms are available (please see the "Pet Friendly Policies and Procedures" flyer in your sponsor package). We highly encourage guests to make lodging arrangements well in advance, to ensure availability, by calling 919-722-0385 (commercial) or DSN 722-0385 (312-722-0385 if calling from overseas). Lodging will place a guarantee hold on rooms secured with a credit card until 24:00 on the reserved date. Therefore, it's very important to update reservations if your travel plans should change.

If you are married and arrive after duty hours and you do or do not have temporary lodging reservations, report to the Southern Pines Lodging Office, 1235 Wright Brothers Avenue. Lodging will help arrange temporary lodging either on base, if available, or off base in a contract hotel.

If arrival is after duty hours and you are single, and your sponsor did not meet you, Lodging will make every effort to locate either your sponsor or first sergeant. If that fails, they will arrange temporary lodging in the hospitality room, or if unavailable, they will contact any available first sergeant who has available accommodations until the next duty day.

Relocation Assistance

The Airman and Family Readiness Center (A&FRC) has various relocation assistance programs to make your relocation experience a stress-free one. Our staff offers individual counseling, a Loan Closet with household items to loan for free, and an Airman's Attic for E-6 and below. We also offer personal financial management and AF Aid Society Assistance. All newcomers will be scheduled to attend an Airman & Family Orientation/Right Start and Information Fair which is held at the Heritage Hall. Spouses are encouraged to attend the "Spouses Get Connected" held during the Newcomer's Orientation. For more information contact the Airman & Family Readiness Center, 919-722-1123.

Childcare is provided thru the "Childcare for PCS" program which includes 20 hours of free childcare and is available to all ranks. This "Child Care for PCS" opportunity expires 60 days after your arrival. For additional information, please contact the A&FRC staff at 919-722-1123/1124 or DSN 312-722-1123.

Critical Installation Information

North Carolina has very strict car seat safety laws. If you are arriving from an overseas base and have purchased a new vehicle there, please note the following: You must have a manufacturer's certificate of origin and the registration. Maximum car registration costs will be \$207 (including the license plate, tax, and title). From then on, license plates will cost approximately \$20.00 per year. Military do not pay NC property tax.

Passports and Visas

Ensure member and/or dependents have the required passports and/or visa prior to final out-processing. Member and/or dependents are not allowed to final out-process without the required passports/visas in hand for themselves (if applicable) and/or dependents. Members electing the accompanied tour will not be permitted to out-process without having the required passports/visas in hand for themselves (if applicable) and/or dependents.

Official military/no-fee passports will only be provided to personnel who are PCSing, going on official TDY or deployments. Documentation required: Customers will only be provided the amount of prints annotated on the AF Form 833, Multimedia Work Order

NOTE: Form must be signed by the passport manager prior to the studio appointment. Official passport photos are taken by appointment only. Please contact the Public Affairs office to schedule.

These actions are necessary to prevent unforeseen hardships to the military members and their families. Therefore, as a last reiteration, it is essential, members do not out-process without having the appropriate passports/visas for themselves (if applicable) and/or dependents.

Sponsorship

Moving is a way of life for service members and their families. Resources like MilitaryINSTALLATIONS, Plan My Move and Military OneSource can help smooth that transition. But, for many newcomers, a sponsor adds that personal touch. The Sponsorship Program supports sponsors with training and access to important information and resources.

Sponsorship Program goals include the following:

Providing newcomers with a sense of belonging

Easing the transition for inbound service members or civilians and their family members

Increasing productivity

Helping newcomers make informed decisions

Cultivating new friendships

Improving morale

A sponsor is assigned by a newcomer's gaining unit and helps the newcomer before, during and after a move. If you haven't been assigned a sponsor, you can request a sponsor through your new unit. Units try to match sponsors and service members by rank and family status.

Sponsorship duties include the following:

Contacting the service member and family with an introductory email

Following up with the member's preferred method of contact

Sending information about the new community and duty assignment, responding to questions and providing resource information

Confirming transportation and lodging arrangements

Assisting with post office arrangements

Meeting service members and family members upon arrival

Accompanying service members to unit check-in point

Introducing service members to the Military and Family Support Center and Ioan closet, if available Orienting service members and families to the installation and key locations, such as the commissary

Note: Responsibilities may vary based on service-specific policies and guidance.

For more information on the Sponsorship Program, contact your installation Relocation Assistance Program office or, in the Marine Corps, the Information and Referral office.

Sponsorship training

If you are already a sponsor, visit My Training Hub and log in with your Common Access Card, or CAC, to take the eSponsorship Application & Training. The course will walk you through your sponsorship duties and help you find the resources and information your newcomer is going to need.

Families can be an important part of the sponsorship process. If your family members want to learn more about sponsorship, they can access the Sponsorship Awareness for Families through My Training Hub with an email address and password. The Sponsorship Awareness for Families course includes the same resources and information as the CAC-enabled version.

Service-specific information

Army - Sponsorship is mandated for all soldiers in grades of E1-06, and encouraged for Army civilian employees. Sponsors will be assigned via the Army Career Tracker Sponsorship Module and must complete sponsorship training course #1B-F43(v) in the Army Training Requirements and Resources System. Soldiers who are PCSing must complete DA Form 5434 in the Army Career Tracker Sponsorship Module to provide gaining commands pertinent information required to assign a sponsor who can meet their needs.

Marine Corps - Gaining unit commands within the continental United States assign sponsors upon request. Overseas commands assign sponsors automatically; however, if one is not assigned, you may send a request to the gaining command using the Sample Sponsorship Request form. Contact the installation Information and Referral office for more information.

Navy - Command sponsor and indoctrination responsibilities begin upon receipt of permanent change of station orders and continue until the sailor has become an integral part of the new command. Commanding officers should ensure all incoming personnel receive command indoctrination training within 30 days of arrival or within three drill weekends. Local commands can get assistance with the Sponsorship Program through the Fleet and Family Support Center.

Air Force - Gaining unit command support staff assigns sponsors upon receipt of assignment notice. Assigned sponsors then make contact with their inbound service members. Commands and sponsors may contact the Relocation Assistance Program managers at the Airmen and Family Readiness Center for additional information or assistance. **National Guard Bureau -** Air National Guard and Army National Guard members should follow service-specific guidance (Air Force and Army).

Youth Sponsorship Program

Even before they arrive, kids have the chance to get to meet a new friend and become acquainted with their new installation through the Youth Sponsorship Program. They can exchange emails, talk on the phone or chat online. For more information, visit MilitaryINSTALLATIONS and click on Youth Services and your new installation. The youth program staff at your new installation can offer more information on the Youth Sponsorship Program. Families with children may also want to visit Military Kids Connect, an online community for military children and youth. The site offers games, videos and links to teen-led installation tours.

Directions to Installation

Airports

For those arriving by air, the nearest airport is Kinston, North Carolina, which is 28 miles east of Seymour Johnson Air Force Base. The Raleigh-Durham International Airport (RDU) is located about 70 miles west of the base. Commercial transportation from both terminals is available at a cost: approximately \$120.00 for a taxi or limousine service.

USO Facilities at Raleigh-Durham International Airport

The Raleigh-Durham International Airport also has a USO facility for armed forced personnel and their families. Located at the northern end of Terminal 2, the USO provides a safe, inviting atmosphere where one can enjoy a free snack, relax while watching TV, surf the internet, or just pass the time playing cards while waiting for ground transportation to Seymour Johnson AFB. Limousine Service Limousine service that provides transportation from Raleigh Durham International Airport to Seymour Johnson AFB is Starlight Limousines, Inc. They can be reached at 252-566-3100. Because of the high cost of ground transportation, it is highly recommended that you coordinate with your sponsor and arrange for them to meet you at the airport and transport you to SJAFB.

Driving from Raleigh/Durham Airport

If you are driving from the Raleigh/Durham airport, take Interstate 40 East for approximately 10 miles. Stay in the left lane and exit onto Interstate 440 East, Goldsboro. Then exit onto Highway 70 East to Goldsboro. Once into Goldsboro, take the exit to Seymour Johnson AFB (still on Hwy 70 East), then exit at the Seymour Johnson/Snow Hill exit. This will take onto Berkeley Boulevard, which will lead you directly into the Main Gate of the base. The Welcome Center is on the right, just outside the gate.

Driving from Kinston Jetport

If you are driving from the Kinston Jetport, exit on to Highway 70 West to the Goldsboro exit. This will take you onto Berkeley Boulevard, which will lead you directly into the Main Gate of the Base. Again, the Welcome Center is on the right, just outside the gate.

Bus Service

Trailways and Greyhound bus lines also offer service to Goldsboro. If you have not notified your sponsor to meet you or cannot reach him/her, the following taxicabs will, but the cost is expensive:

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Company	Phone Number
Carpool Express	919-396-1333
City Cab Company	919-735-2202
GreyHound Bus Line	919-734-3811
Webb Town Taxi	919-734-9444

Note: It is recommended that you download driving directions via the web prior to arrival; this will lessen the chances of getting lost. Travel time from airport to SJ AFB is 1.5 hours by car.

Check-in Procedures

Reporting Procedures

Newly assigned members arriving during normal duty hours are required to report to their unit admin section first to receive their unit's in-processing checklist and Duty Information Worksheet. Newcomers must also attend the Military Personnel in-processing on the first day they arrive. The in-processing is held at 1:30 p.m. every Monday, Tuesday and Thursday in building 3010 and will last approximately 1 hour. You must bring your sealed packet from your last base, BAS Form (AF Form 220), and Duty Information Worksheet to this appointment. Your unit admin section should be able to assist you with obtaining these forms.

Important Documents/Hand Carry

Be as prepared as you possibly can by making sure you have all your important papers with you (orders, ID cards, passports, power of attorney, resumes, transcripts, traveler's checks, etc) - Do not pack them in your household goods.

First Term Airmen

All Airmen E-1 thru E-4 with < 3 years of service MUST report to the Airman Dormitory Leaders' Office upon arrival on station. All first duty station Airmen will be scheduled to attend the First Term Airmen Center (FTAC) within 30 days of arrival on station. Airmen are scheduled for FTAC by Military Personnel Element (MPE) Customer Support after signing into the base and attending inprocessing. Uniform for Day 1 is ABUs, Day 2 is Full Service Dress. All Airmen scheduled for FTAC must have computer access prior to arrival. Airmen do not have to wait until attending FTAC to file travel vouchers. They will receive the finance briefing during Base Inprocessing. Bring copies of orders and any receipts.

Temporary Lodging Reservations

The Southern Pines Inn has 161 temporary lodging rooms, 69 of which are designed to accommodate families. The facilities consist of 1 and 2 bedroom units and offer designated handicap rooms. A limited number of pet friendly rooms are available (please see the "Pet Friendly Policies and Procedures" flyer in your sponsor package). We highly encourage guests to make lodging arrangements well in advance, to ensure availability, by calling 919-722-0385 (commercial) or DSN 722-0385 (312-722-0385 if calling from overseas). Lodging will place a guarantee hold on rooms secured with a credit card until 24:00 on the reserved date. Therefore, it's very important to update reservations if your travel plans should change. If you are married and arrive after duty hours and you do or do not have temporary lodging reservations, report to the Southern Pines Lodging Office, 1235 Wright Brothers Avenue. Lodging will help arrange temporary lodging either on base, if available, or off base in a contract hotel. If arrival is after duty hours and you are single E-1 thru E-4 <3 yrs service, and your sponsor did not meet you, Lodging will make every effort to locate

your sponsor or first sergeant. If that fails, they will contact the CE Service Desk, (919) 711-5139 so a Airman Dormitory Leader (ADL) can be contacted. The ADL will take you to a dormitory hospitality room until your permanent dorm room is ready for assignment (usually the next duty day). Become a ADL facebook friend and learn about the latest information concerning the dormitory campus.

What to do if you get married enroute?

If you get married before you PCS, you must inform your commander and follow the procedures exactly as you are given them. The military will not pay for travel and housing of your spouse if you do not follow proper procedures.

Motor Vehicles

Registration and licensing requirements

State laws vary when it comes to motor vehicle insurance requirements, licensing and registration. The term vehicle generally includes automobiles, motorcycles, vans, trailers and boats regularly parked or garaged overnight. Service members and their families will want to understand their state's laws on registration and licensing before moving to a new state. Visit the USA.gov Motor Vehicle Services page for links to state-specific websites.

Motor vehicle laws

State and local laws regulate the operation of motor vehicles, and these laws can vary by location. Many states regulate the following:

Seatbelt use
Child safety seats
Motorcycle operation
The use of cellphones and other digital devices while driving
Learn more about motor vehicle laws in your state at the Distraction.gov State Laws page.

Installation Specific Information

Registration & Licensing Requirements

North Carolina State law requires you to have sufficient liability insurance and a valid driver's license in order to operate a vehicle. The term "vehicle" generally includes automobiles, motorcycles, vans, trailers and boats regularly parked or garaged overnight. Further, your vehicle must be properly registered. Even though you are in the Military, you may be required to register your vehicle in-state and obtain an in-state license within a few months of moving. Access complete information on insurance, driver's licensing, and where and how to register your vehicle by visiting the State Department of Motor Vehicles website.

State Laws

You and your passengers must always wear seatbelts while driving, you will be ticketed and issued heavy fines if seatbelts are not secured. State law requires that all children under 8 years of age and 80 pounds be properly restrained in child seats. if the vehicle has a rear seat, a child less than five years of age and less than 40 pounds in weight shall be properly secured in a rear seat, unless the child restraint system is designed for use with air bags. Some states also require younger, smaller children to sit in the back seat.

Motorcycles and their operators are subject to special laws. If you own and operate a motorcycle, you must comply with those laws. Visit the State Department of Motor Vehicles website for more information.

Many States and local jurisdictions have strict laws about the use of cell phones and other digital devices while driving. Research these laws on the State Department of Motor Vehicles website. North Carolina General Statute 20-137.4A states: It shall be unlawful for any person to operate a vehicle on a public street or highway or public vehicular area while using a mobile telephone to: (1) Manually enter multiple letters or text in the device as a means of communicating with another person; or (2) Read any electronic mail or text message transmitted to the device or stored within the device, provided that this prohibition shall not apply to any name or number stored in the device nor to any caller identification information.

Base Regulations

Vehicle Checks -- All vehicles entering or leaving Seymour Johnson Air Force Base (SJAFB) are subject to search.

Bicycles -- Every person riding a bicycle on a street on SJAFB shall be subject to all applicable duties, responsibilities, and regulations established for motor vehicles. Bicycles shall be equipped with adequate brakes and when ridden during the hours of darkness, shall be equipped with an operational head lamp and reflector, which must

be red. A handheld flashlight is acceptable for use as a night light.

Speed Limits -- The speed limit on base is 30 mph unless posted otherwise. Speed limit in base parking lots is 5 mph; speed limit in base housing is 20 mph; speed limit in base trailer court is 5 mph. The school zone speed limit is 20 mph, as it is in residential areas off base.

Seat Belts -- Seat belts must be worn while traveling in the front seat of any passenger vehicle. There is a \$25 fine for any violation. (Not on Base) Children under 4 or not exceeding 45 pounds in weight must ride in a Department of Transportation approved car seat and children between 3 and 6 must either be in car seats or wear seat belts regardless of where they sit in the car.

Children under age 12 are not allowed to ride in the open beds of pickup trucks, unless properly supervised.

North Carolina Vehicle Registration

Military personnel and their dependents may register their vehicle(s) in North Carolina or may maintain their home state registration. However, should a dependent become gainfully employed in North Carolina and use his/her vehicle in that business, then the vehicle must be registered in North Carolina. Dependents home state is considered the same as the military sponsor.

Registering Vehicles on Base

This is no longer a requirement at Seymour Johnson AFB.

Motorcycle Regulations

When operating or riding a motorcycle in North Carolina, you must wear a Department of Transportation (DOT), United Nations Economic Commission for Erope (UNECE) Standard 22.05, British Standard (BS), or Snell Standard M2005, or higher approved helmet. Googles, wrap around glasses, or a full face shield designed to meet or exceed American National Standards Institute (ANSI) Standard Z87.1, UNECE 22.05, or BS6658 in effect when manufactured, will be properly worn. A windshield does not constitute proper eye protection. Wearing of long sleeved shirt or jacket, long trousers and full-fingered gloves or mittens is required. Foot protection is also mandatory. This includes sturdy overthe-ankle footwear that affords protection for the feet and ankles. Headlights must also be turned on at all times. For further information, please refer to AFI 91-207 and/or SJAFBI 31-218.

Registering Motorcycles on Base

This is no longer a requirement at Seymour Johnson AFB.

Education - General Overview

Introduction

Public School

Goldsboro and Wayne County offers a wide range of schools in the area. The Wayne County public school system consists of 14 elementary schools, 10 middle schools and 8 high schools.

Students living in base housing will attend Meadow Lane Elementary School (PK-4), Greenwood Middle School (5-8), and Eastern Wayne High School (9-12).

"WAGES" Head Start is a comprehensive preschool program serving the needs of eligible three and four year olds. Call the Center at 919-734-1178, ext 218.

The Wayne County Public Schools operate on a Traditional School Calendar and a Non-Traditional School Calendar for the two non-traditional high schools. See www.waynecountyschools.org for the public schools calendars.

For registration of your child/children please contact the school and set up an appointment. Kindergarten students entering public school for the first time must be age five on or before 31 August to enter kindergarten. An official birth certificate and immunization records must be furnished at registration, along with proof of residence. Students whose families live on or near the base attend schools in the Eastern Wayne district. Meadow Lane Elementary School (PK-4) is located adjacent to the base. Greenwood Middle School (5-8), is located across the street from Meadow Lane Elementary, and both are located on E. Ash Street. Eastern Wayne High School (9-12), is located on New Hope Road about a 20-minute bus ride from the base. Depending on where the student lives in base housing, students may ride a bus or may walk to both Meadow Lane Elementary and Greenwood Middle and will be transported to Eastern Wayne High. Transportation (buses) is provided to students living at least 1 1/2 miles from school. Whatever district you reside in will dictate to which school your child will be transported.

Graduation Requirements

In order to graduate from a Wayne County Public Schools' high school students must meet the following requirements. Successful completion of all accountability standards for high school set out by the State Board of Education in policy GCS-N-003, Student Accountability Standards that are applicable for the year in which the student entered ninth grade for the first time and/or the student's course of study.

Successful completion of 24 course credits in the chosen course of study and all other course requirements mandated by the State Board of Education.

Successful completion of all additional courses and other requirements mandated by the Board of Education.

Students enrolled in the Occupational Course of Study must complete 22 credits, present a Career Portfolio and complete Individual Education Program (IEP) objectives.

See Wayne County Public Schools website www.waynecountyschools.org and click on the student tab to view graduation requirements and high

school course registration catalogue. The high school course registration catalogue will provide specific course credit requirements for graduation.

Special Education Programs

Special education programs are provided in the areas of gifted, learning disabled, mentally handicapped, emotionally handicapped. speech, visually and/or hearing impaired, physically handicapped, hospital/homebound, and preschool handicapped. Edgewood Community Developmental School is a day school serving children with special needs, ages 3-21. This school serves exceptional children identified as moderately, severely, or profoundly mentally handicapped as well as autistic students. The student ratio at the school is about 3:1 with student enrollment ranging from 100-110 students each year. Support services include speech therapy, occupational therapy, a registered nurse and a homeschool coordinator. There is also one alternative school for grades 6-12, Wayne Academy. Please visit the Wayne County Public schools web site.

For information on "Transitioning New Students"," Wayne County Public School Calendar", "Enrollment Requirements", "Minimum Requirements for Graduation", "Student Accountability Standards" and "Dress Policy" visit the Wayne County Public Schools or web site.

Private School

There are 8 private schools in Goldsboro.

Home Schooling

The North Carolina General Assembly allows home instruction, under certain conditions, as means of complying with compulsory school attendance requirements.

Adult Education

Wayne Community College is located approximately 7 miles from the base and has a broad range of programs from college courses, continuing education and basic skills classes. English as a Second Language, GED classes and Adult High School Diploma programs are available for free, although there is a fee for materials. For more information on higher education classes contact the Base Education Office at 919-722-5800.

Education - Local Schools

How do I choose a school?

Choosing the right school for children is a priority for many military families. Finding the right educational setting for each child requires a careful examination of the available options, whether you live on and off the installation. "Choosing a School for Your Child," a publication from the U.S. Department of Education, offers checklists and questions to assist parents in making the right choices.

How do I find out about schools near my new duty station?

Several quality online tools are available. Military OneSource is a free service offered by the Department of Defense to service members and their families to help with a broad range of concerns including education, parenting and child care, relocation and the concerns of families with special-needs members. An educational consultation with a specialty consultant is available, free of charge, and can help you address specific educational needs and goals.

How can I help plan for a successful transition?

Parents often want to know about the availability of extracurricular activities and sports, or the availability of advanced classes for their children. While there are other sources that can provide some information on these topics, it is usually best to get this information by contacting the schools directly.

Education - Local Schools/Overseas

Moving from one installation to another in the United States can be challenging enough; but moving with your family overseas can be even more complex. One of the most important challenges can be summed up in one question: "Where will my children go to school?"

Where do I start?

Start with MilitaryINSTALLATIONS to learn more about your new installation. In particular, read the installation's education article. All overseas installations dedicate a portion of the education article to discussing the education options available in the local community, as well as the Department of Defense schools on the installation, if available. Most overseas installations with accompanied family members have one or more Department of Defense school.

What is the difference between a Department of Defense school and an international or national school?

The Department of Defense Education Activity, or DoDEA, operates schools in 11 foreign countries, Guam and Puerto Rico. All DoDEA schools are fully accredited by U.S. accreditation agencies and maintain high academic standards with well-rounded educational programs. Visit the DoDEA website for more detailed information.

The DoDEA's student preregistration system helps streamline the registration process and allows school officials to better predict school enrollment, make more informed decisions regarding teacher and staff requirements, and prepare for special services and supplies. Parents can preregister their children by visiting the DoDEA Online Student Pre-Registration site.

The U.S. Department of State's Office of Overseas Schools works to promote quality educational opportunities for families of American citizens overseas. If a Department of Defense school is not available, visit this site to learn more about the schools in your new area.

In general, international schools are English-language schools at overseas locations. National schools are schools where courses are taught in the native language. The curriculum and grading system of an international school tends to be similar to the traditional American education system. This may be an important consideration if your family will be returning to the U.S. before a child graduates from high school.

Where can I find a list of international schools in the country where my family is moving?

You can find a directory of overseas schools on the U.S. Department of State's Schools Worldwide page. The listing includes schools that receive assistance from the U.S. Department of State, as well as other international, private, religious and public schools.

How do I decide what school is best for my child?

Although you may not have as many choices as you had in the United States, the process for choosing a school for your child is the same. You can begin by making a list of possible schools. Next, you'll want to find out more information about each school. Talk to the relocation personnel at the Military and Family Support Center and with your sponsor, who may be able to put you in touch with other families with children around the same ages as yours. You may also want to contact the school and ask for references.

Once you have narrowed down your options, you may decide you want to schedule an interview with the school or schools. Here are some considerations you may want to discuss:

Curriculum
Grading system
Tuition
Accreditations
Teachers and other staff
Meals
Extracurricular programs
Transportation
Schedule

Before- and after-school programs

Now that I have chosen a school, how do I successfully transition my child?

Start planning for a successful school transition as soon as you learn about your move. The more your child knows about what to expect, the more confident your child will feel on the first day of school. Allow your child to be a part of the decision-making process, if appropriate, and take your child's opinions into account.

Education - Training (College/Technical)

Education - Training (College/Technical)

The Education and Training section offers career information and counseling on education opportunities. Information on the Community College of the Air Force, tuition assistance, commissioning programs, financial aid, and a variety of testing (voluntary PME, CDC testing, DLPT and WAPS) is also available. Contact the Base Training & Education Services office by calling 919-722-5800.

On-base colleges provide a variety of education programs from associate degrees through master's degrees. Central Michigan University (CMU), Embry-Riddle University (ERAU), Fayetteville State University (FSU), University of Mount Olive (UMO), and Wayne Community College (WCC) offer degree programs on base. Undergraduate Degree Programs Offered: (UMO), Business Management (UMO), College Transfer (WCC), Management of Information Systems (UMO), Human Resource Management (UMO), Liberal Arts (UMO), and Professional Aeronautics (ERAU), Graduate Degree Programs offered: Master of Science in Administration (CMU), Master of Aeronautical Science (ERAU) and Master of Business Administration (FSU). Other colleges and universities in the area include East Carolina University, Duke University, University of North Carolina-Chapel Hill, North Carolina State University, North Carolina Wesleyan, North Carolina Central, A&T University, University of North Carolina/Greensboro & Wilmington, Fayetteville State University, Shaw University, Methodist College and Barton College. Wayne Community College also offers numerous technical training programs which yield certification upon completion. These courses are offered on their main campus. Professional guidance counselors can help you find the right college program.

Tuition rates at NC state institutions:

Members of the armed services stationed in and concurrently living in North Carolina may be charged a rate which is equivalent to the in-state tuition rates. A dependent relative (wife, husband, son, and daughter) of a service member stationed in North Carolina is eligible for in-state tuition while living in North Carolina with the service member. In the event a military member leaves North Carolina (PCS), a student previously provided in-state tuition rates shall continue to be eligible for the in-state rates as long as they maintain continuous enrollment. Individuals assigned to North Carolina military installations, not paying North Carolina taxes and not enrolled, need to understand that upon retirement or separation they and their dependents lose the in-state tuition status until they qualify as a resident. To qualify as a resident, for tuition purposes, a person must become a legal resident (contact the college for guidelines) for at least 12 months immediately prior to classification.

Library

Air Force Library Programs

Air Force Libraries provide an avenue for Airmen and their families to continue their professional and self-developmental educational pursuits, as well as resources for productive use of leisure time. Air Force Libraries also procure mission-essential technical publications to support job requirements of military personnel. Many online products, including downloadable audio books, e-books, and college level practice tests, are available from base library web pages and on the Air Force Portal. These libraries house a variety of print and audio-visual materials for check-out to eligible customers. In addition, Air Force libraries offer customer-use computers with Internet access, free of charge, and most have wireless Internet capabilities. Most base libraries conduct special programs, such as story hours and summer reading programs for youngsters, and offer a variety of classes, author and book talks, and holiday or Air Force heritage events.

The Air Force Library and Information System consists of 103 libraries (80 general, 9 academic, and 14 scientific and technical) as well as one Library Service Center at Ramstein AB in Germany, and nine Learning Resource Centers in Southwest Asia. The Air Force library program also oversees procurement and distribution of educational and recreational materials to over 280 remote sites and contingency operations in 40 countries around the globe. Air Force libraries serve over 12.6 million customers annually and house a total of 9 million + print, audio, video and online resources.

Military OneSource On-Line Library

Our mobile military members often don't have the resources of a brick and mortar library on hand to provide entertainment, learning or solace. The Online Library provides those resources while the members are in transit or deployed. One-stop shopping for all library resources in print, electronic and downloadable format are available online, 24/7. The library provides recreation, lifelong learning, reference, and career resources for all ages and interests. All resources including audio and eBooks are free. Resources are available anywhere in the world where there is access to the internet.

Military OneSource On-Line Library provides 24/7 access to library materials that include:

Ability to download free books from thousands of fiction and non-fiction titles, including animated children's books, or request a free paperback or digital Playaway book from Military OneSource.

Access to data bases to pursue education, research careers, fix cars or home appliances, maintain or remodel apartments or homes, and more.

Installation Specific Information

The Seymour Johnson Air Force Base Library proudly offers many services to the base community. The library offers information that is sure to help all Airmen with resources that can provide academic success, professional development, and entertainment opportunities. The Children's Library offers a magical program where parents can bring their children for a 30 minute story-time and craft with our very own NaNa Belle.

Our collection includes adult, young adult and children's fiction and nonfiction titles, including the latest best sellers. The library also has a huge selection of DVDs, audiobooks, video games for the Wii, Xbox, and Playstation, For the student, CLEP and Dantes testing aids are available. The library's website provides access to many online databases that promote further learning in any discipline for any age. Use of these databases is available in the twenty-two station computer lab or from a home computer. Not only is academic material available through the online databases, but a variety of downloadable audio books, magazines, e-books, and newspapers are easily accessible. The SJAFB Library offers various programs each month including, the Brown Bag Book Club, author visits, and computer training classes. During the summer, the library conducts summer reading programs that are for children, teenagers, and adults. Within the shelves of the library, there are multiple opportunities for the patron to meet, travel, and return with an eagerness to want more. We look forward to meeting you at our library.

Housing - Overview

Government Housing

Visit the Air Force Housing website to find your new home with the Air Force. This website serves as a one-stop shop for Airmen and their families to obtain information about the housing options and support services available to them at Air Force bases world-wide.

Housing - Temporary

Temporary Lodging Facility(TLF)

The Southern Pines Inn has 161 temporary lodging rooms, 69 of which are designed to accommodate families. The facilities consist of 1 and 2 bedroom units as well designated handicap rooms.

Rates

Visiting Airmen Quarters \$44.00 per night; Visiting Officers Quarters \$60.00 per night; Temporary Lodging Facility (family quarters) \$63.00 per night, Pet Units \$63.00+ \$10.00 pet fee; Distinguished Visitors Enlisted \$50.00 and Distinguished Visitors Officer \$69.00, and General Suites \$75.00 per night. If calling DSN Overseas, we can be reached at 312-722-0385 or if calling CONUS DSN -722-0385. Our commercial number is 919-722-0385.

Pets

Our lodging facility does have limited rooms available for families traveling with pets. Please call as soon as possible to reserve a room. For list of requirements/policies please see the Southern Pines Inn flyer on "Pet Friendly Policies and Procedures" in your sponsor package or call Seymour Johnson Lodging at 919-722-0385 (commercial) or

DSN 722-0385 (312-722-0385 if calling from overseas).

See "Household Goods - ShippingPets" for a complete list of kennels in the local area.

Housing - Government

Privatized Housing

At Seymour Johnson Air Force Base, military family housing is privatized. Corvias Military Living owns the family housing and is responsible for maintaining, repairing, constructing and managing the community. In addition to your option to purchase and rent housing in the local community, you now may choose to live in privatized housing by signing a tenant lease agreement with Corvias Military Living.

For comprehensive information about the privatized housing community at Seymour Johnson AFB, view a complete listing of need to know, community specific items.

Click here to see a complete listing of home information and floor plans.

Applying for Privatized Housing

Applying for privatized housing and need assistance or have questions, contact the HMO and the housing management staff who will provide you the latest information on privatized housing and details about the application process. The HMO will also update you on any base specific policies regarding residing in privatized housing.

Community Amenities

Privatized housing is comparable to housing in the local community and provides a wide variety of amenities and support services.

At Seymour Johnson the Housing Community will receive a tailored recreational amenity plan as well as a centralized community center that serves as the center of the neighborhood and provides both recreational and management services.

To obtain specific information on the services available at Seymour Johnson contact the Property Management Office at 1-866-639-4552 or 919-988-6920.

Paying Rent for Privatized Housing

Much like living in the local community, you will sign a tenant lease agreement, typically for a term of one-year beginning on the Lease Commencement Date and terminating on the Lease Expiration Date. Privatized Housing at Seymour Johnson comes with a no security deposit or application fee. The lease includes a military clause and a lease termination clause. You pay your monthly rent by authorizing an allotment of your BAH that is paid directly to the Owner or its designated agent.

Corvias Military Living collects rent in arrears. The allotment shall be payable on the 1st day of the month for the previous month's rent. If your move occurs prior to the allotment start date, then you will need to pay the pro-rated rent directly to the Property Manager. The Resident Occupancy Agreement spells out all relevant rent payment terms and conditions.

Gas and Electric Utilities

At this location, homes in the community have been metered and are in the data collection and review process, during this time the Utilities will continue to be included in the rental payment, without a separate payment to be made by the residents. For additional information about utilities, contact the Property Management Office at 1-866-639-4552 or 919-988-6920.

Household Goods - Overview

Arranging Household Goods Shipments

As soon as you are alerted to your upcoming Permanent Change of Station (PCS) move, you can start getting your house

and family ready. Clean up and get rid of junk. Hold a yard sale or take serviceable items you no longer need to a thrift shop or donate to charity. Get important family records together in one place.

If you are going overseas, you should begin to plan what items you will take in your unaccompanied baggage, in your household goods shipment, and what might need to go into permanent storage. Remember, in overseas areas, the electric current is different and houses are generally much smaller than U.S. standards and cannot handle large furniture.

Household Goods Shipping Process

The Defense Personal Property System (DPS) is the online system you will use to manage your household goods shipment. Move.mil explains this new process and provides access to DPS. If you are a first time mover, retiring, or separating please go to the nearest TMO with a copy of your orders to get your move set-up.

Shipping Pets

Planning for shipment of your pet includes researching airline requirements and quarantine restriction laws in your new location. You will need to check with the airlines on the requirements for size, weight, number of animals, kennel construction, documentation and season of the year limitations. Occasionally, small pets can be shipped on military flights but availability and regulations are always changing, as well as fees. Search Move.mil for general information on shipping pets.

Many international locations have strict importation laws including extended quarantines and restrictions on breeds or types of animals that can be brought into the country. Carefully research these rules as they could impact your moving schedule. Not only do overseas locations have strict rules but many locations in the United States have restrictions on certain breeds as well. Review your destination installation's Shipping Pets article for details found on the left hand tool bar on MilitaryINSTALLATIONS.

"It's Your Move" Armed Forces Members

Review "It's Your Move" Armed Forces Members, Part IV, Attachment K1 for detailed information on weight allowances, valuable tips, household goods shipping process, storage, shipping your automobile (POV - Privately Owned Vehicle), arrival and delivery of household goods shipments, claims process, and the customer satisfaction survey.

Household Goods - Shipping Pets

Boarding

Pets can stay at the Southern Pine Inn lodging facility, but pet friendly rooms are limited, so please call as soon as possible to reserve a room. For list of requirements/policies please see the Southern Pines Inn flyer on "Pet Friendly Policies and Procedures" in your sponsor package or call Seymour Johnson Lodging at DSN 312-722-0385. Also pets may be housed in local animal kennels.

The following kennels are found in or near Goldsboro . The following list does not promote any particular one and does not constitute an endorsement by the Department of the Air Force.

Veterinary/Kennel Services

Name	Address	City	Phone Number
Berkeley Vet Clinic	2736 Graves Drive	Goldsboro	919-778-5398
Eastwayne Vet Clinic	4255 US Hwy 70E	Goldsboro	919-778-3058
Pet Place	2063-B New Hope Rd	LaGrange	919-778-1991
Mt Olive Animal Hospital	168 Hwy 55 E.	Mt. Olive	919-658-6534
Jeric's Kennel	929B Rodell Barrow Rd	LaGrange	919-778-6641
Shrado Kennels	757 Forehand Rd.	Pikeville	919-736-3776
Name	Address	City	Phone Number
Spring Bank Stables 3	90 Old NC111 South	Goldsboro	919-252-3338
Stepping Stone Stables 1	094 Capps Bridge Road	Pikeville	919-394-6269

Remember, it is a good idea to make advanced arrangements for pet boarding as soon as you know your arrival date. Your sponsor may be of assistance here, so call on him/her.

Since prices are subject to change, we suggest that you contact the facility for current rates and requirements.

Licensing, Registration and Immunization

Military members living on base must register their pets within ten (10) days after arriving at the Seymour Johnson AFB Veterinary Clinic. Contact the base veterinary clinic or any local clinic on any further requirements.

Privately owned animals can receive routine immunizations and treatment for common health problems at the Veterinary Clinic. Members living on base must register their pets at the clinic within ten (10) days of arrival.

Quarantines

Seymour Johnson AFB does not have a pet quarantine of any type.

Pet Travel

Plan your pet's trip in the same way you plan your own -- well in advance. Make sure he/she has a clean bill of health; NEVER give him/her tranquilizers without the veterinarian's approval; make sure your pet has identification in case he/she gets separated from you; be sure of the correct specifications for the carriers your pet will be spending most of his trip in, i.e. size, construction (if made), ventilation, water container; make sure reservations are made for the pet for both the airplane and the hotel. If traveling with you (which is the most convenient for him), NEVER leave your pet alone in a parked vehicle.

Air Travel

The Pet Movers at 1-800-625-3448 can assist you with moving your pets. Check with the Transportation Management Office (TMO) first at 919-722-5452 or DSN 312-722-5452.

Special Needs

As many as 15 percent of military families have members with special needs. These include spouses, children, or dependent parents who require special medical or educational services. These family members have a diagnosed physical, intellectual or emotional condition. The Exceptional Family Member Program (EFMP) serves these families in several ways.

These four articles will provide families with special needs helpful information and points of contact:

Enrollment/EFMP – This article discusses the Exceptional Family Member Program enrollment, which is mandatory for all military personnel who have a member of their family with a medical or educational disability. The article discusses the purpose of enrollment, the process and provides Service-specific differences.

Family Support/EFMP – This article discusses the family support function of the EFMP, which may include information and referral support (to military and community resources), financial management assistance, relocation assistance, and for some families, case management. The article provides Service-specific differences and identifies the point of contact at each installation.

Health Care/Special Needs - The military health care system supports families with special needs in a number of ways. This article describes the special services and provides the point of contact at the Military Treatment Facility. Special Education/EIS – Describes two programs that provide educational intervention for children with disabilities who are from birth to three (early intervention services) or are school aged (3-21) (special education).

Special Needs - EFMP Enrollment

What is the EFMP?

The EFMP supports military families with special medical and educational considerations. The program has three components:

Identification and enrollment of a family member with special medical and/or educational considerations.

Assignment coordination to determine the availability of services at the projected duty station.

Family support to help families identify and access programs and services.

Identification and Enrollment Who should enroll?

Family members with special medical or educational considerations, including a spouse, child, or a dependent adult, should enroll in the program. This includes family members who:

require special medical services for a chronic diagnosed condition such as asthma, attention deficit disorder, diabetes, multiple sclerosis, etc.

receive ongoing services from a medical specialist

have significant behavioral health concerns

receive early intervention or special education services through an individualized education program (IEP) or individualized family service plan (IFSP)

Why enroll in the EFMP?

EFMP enrollment ensures a family member's diagnosed medical and educational needs are considered during the assignment process. It also allows families to receive the support and assistance they need to navigate medical and educational systems.

How to enroll in the EFMP?

Enrollment in the EFMP is mandatory for active duty military members; members of the Guard or Reserves may enroll according to Service-specific guidance. Paperwork required for enrollment in the EFMP is available from the EFMP medical point of contact at the installation military treatment facility (MTF) or, in the Marine Corps, from local installation's EFMP offices, Marine and Family Services. The forms are also available through the EFMP MCCS website. The forms for enrollment are:

DD Form 2792, Family Member Medical Summary. In order to document medical needs, the service member, spouse, or adult family member completes the demographic information on pages 1-3. The remainder is completed by the family member's physician or other qualified medical professional, and includes the diagnosis, frequency of care, medication, and any special accommodations required by the family member (pages 4-7). Addendums (pages 8-11) are included and completed as applicable.

DD Form 2792-1, Special Education/Early Intervention Summary. In order to document educational needs, the sponsor, parent, or legal guardian completes items 1 - 7 of the first page, as well as 1 and 2 on the second page. The remainder of the form is completed by school or early intervention program personnel. The form includes the child's educational diagnosis and is accompanied by a copy of the IEP or individual family service plan (IFSP)

After the appropriate medical and/or educational provider completes the form, they must be returned to the EFMP medical point of contact.

Assignment Coordination

What is assignment coordination?

The military mission is the driving force behind the assignment process, but the EFMP enrollment ensures that a family member's special needs are considered in the process. Assignment coordination occurs when the personnel command requests medical and/or educational professionals to review a family member's documented needs to determine the availability of services at a projected location.

Why is assignment coordination important?

Assignment coordination is important because access to appropriate medical and educational services may be limited in some locations, especially in overseas and remote locations. When assignment coordination occurs, family members receive the care and support they require and the service member can focus more clearly on mission-related responsibilities.

Special Needs - EFMP Family Support

What is the EFMP?

The EFMP supports military families with special medical and educational considerations. The program has three components:

Identification and enrollment of a family member with special medical and/or educational considerations. Assignment coordination to determine the availability of services at the projected duty station.

Family support to help families identify and access programs and services.

Family Support

What is Family Support?

EFMP family support helps families identify and access programs and services. Family support includes, but is not limited to, the following:

information and referral for military and community services education and training about issues related to the special considerations referral to other family support center providers promotion of self-advocacy local school and early intervention services (EIS) information warm handoffs to the EFMP at the next location non-clinical case management, including individualized services plans Where are EFMP family support providers located?

EFMP family support providers are primarily located at installation family support centers. For families who are not located near an installation, consult your Service website for more information about accessing services or call Military OneSource at 1-800-342-9647.

Special Needs - Health Care

Military treatment facilities

The clinics and services available at military treatment facilities vary by location. Before you move, identify the military treatment facility that will serve you, visit its website to learn about the services available and get contact information.

Moving to a new TRICARE region

If you anticipate a move to another TRICARE region, work with your local TRICARE service center or case manager before your move to ensure the transition is as smooth as possible. On arrival at the new duty location, you or your sponsor should contact the beneficiary counseling and assistance coordinator or the TRICARE service center to ensure the transition plans are in place and to obtain authorizations for TRICARE Extended Care Health Option services, if applicable.

Beneficiary counseling and assistance coordinator

All TRICARE regional offices and most military treatment facilities are staffed with beneficiary counseling and assistance coordinators. They provide information, guidance and assistance on benefit options, TRICARE Prime enrollment, special authorizations, status of claims, eligibility and assistance with referrals and appointments. If you or your family member has more severe needs, contact your TRICARE case manager.

Case management

Case management involves a team of health care professionals who help you and your family find solutions to complex health problems. It is important to inform your case manager if you are moving as he or she will connect you with the case manager at your new location.

Extended Care Health Option

The Extended Care Health Option provides financial assistance to beneficiaries of active-duty service members who qualify based on specific mental or physical disabilities. The Extended Care Health Option offers an integrated set of services and supplies beyond the basic TRICARE program. Regional contractors in each of the TRICARE regions and overseas administer the program.

Transporting medical equipment

Contact your installation's household goods/transportation office for information on special procedures for the transportation of medical equipment.

Federal and state health care programs

Medicaid provides health coverage for individuals and families with low incomes or have a disability. The department of social services or the department of medical assistance may administer the Medicaid program in your state. Supplemental Security Income, or SSI, is a cash assistance program intended to meet basic needs for disabled adults and children who have limited resources. Families must reapply after moving to a new state.

Many states offer services for children with special health care needs funded by the Maternal and Child Health

Services Block Grant, or Title V. State departments of health websites and local health departments can provide information on state health benefits. The Maternal and Child Health Bureau website has more information, including state points of contact.

Other important resources

TRICARE debt collection assistance officers assigned to regional offices and military treatment facilities worldwide can help beneficiaries understand and get assistance with debt collection issues related to TRICARE.

Installation Specific Information

The purpose of the Special Needs Identification Program (SNIP), formally the Exceptional Family Member Program (EFMP), is to insure that every family relocating (PCS) will have the specialized services at the prospective gaining base prior to approval of travel. SNIP attempts to assign families with special needs to or near those bases with the specialized medical or educational facilities (military or civilian) to meet their needs. Once a specialized need has been identified by a medical provider, it is the military sponsors responsibility to enroll their family member in SNIP and supply the supporting documentation.

An active duty member's spouse, child, or other military recognized family member with a special medical, mental health, and/or educational needs requiring specialized care is eligible for SNIP.

Enrollment -- The EFMP office has primary responsibility for SNIP and is your first stop to enroll in the program. An interview will be conducted to identify the type of care necessary to maintain, improve, or establish a treatment care plan.

Appropriate documentation such as medical summaries, Individualized Education Plans (IEPs) or Individualized Family Service Plans (IFSPs) must be submitted that clearly identify the need for enrollment. The sponsor is responsible for gathering and submitting these documents. Enrollment in the program is mandatory once a special need is identified.

Enrollment in the SNIP does not prevent Air Force personnel from getting an assignment. Enrollment can provide for an initial deferment or reassignment to set up a program of medical treatment or special education. Once such a program is established, the member reverts to worldwide assignable status. Special assignment consideration will continue as long as the condition exists.

As a parent or spouse of a special needs person, it is your responsibility to contact the SNIP office and let personnel know you and your family have arrived.

For additional information about this program contact the EFMP Office at 919-722-8537 or DSN 312-722-8537.

Education - Special Education/EIS

Early Intervention and Special Education Services

Children from birth to 3 years of age

The Individuals with Disabilities Education Act, or IDEA, requires all states and territories to provide early intervention services to children from birth to 3 years of age who have or are at risk for having developmental delays. Local school districts or health departments often provide these early intervention services. The program is called by different names in different areas, but it is often called Part C (because Part C is the section of the law that pertains to early intervention). The National Early Childhood Technical Assistance Center provides a list of state Part C directors and funded programs on their website. Also, Military OneSource can assist you in identifying early intervention programs in your area.

When moving, you should hand carry copies of your child's individual family service plan and the most current evaluation reports to your new home to ensure they are not lost.

Children between 3 and 21 years of age

The IDEA requires all states and territories provide special education services to eligible children between the ages of 3 and 21. Each local school district has a special education director, and each school should have an individualized education program team or school-based committee that attends to students with special education needs.

The IDEA requires that if a child transfers to a different district in the same state, the receiving school must provide comparable services until the new school develops and implements a new individualized education program. If a child transfers to another state, the receiving district must provide comparable services until the receiving district

completes an evaluation and creates a new individualized education program.

If you are moving and your child receives special education and related services, you should hand carry all pertinent school and medical documents, including the individualized education program and current evaluation reports. Hand carrying these documents ensures that they are not lost and allows the new school district to begin the process as soon as you move.

Other resources

Parent Training and Information Centers serve families and adults with special needs from birth to age 26. They assist families in getting appropriate education and services for their children, work to improve education services for all children, train and inform parents and professionals, resolve problems between families and schools or other agencies, and connect those with disabilities to community resources. Find out more at the Center for Parent Information and Resources website.

Installation Specific Information

Special Needs Identification Program (SNIP)

The SNIP is designed to provide assistance to the children and adult dependents of eligible military personnel who are emotionally, physically and mentally challenged. These are individual cases and should be referred to SNIP so that all services and education may be coordinated for the in-bound personnel.

This assistance may be in the line of counseling, special medical or educational assistance, and financial assistance. This office also maintains a respite care resource list. Active-duty Air Force members with a special needs family member may be eligible to receive funds for respite care from the Air Force Aid Society. See the SNIP office for details.

The EFMP Office located in the main Medical Group Building is the point of contact for SNIP and is your first stop to enroll in the program. An interview will be conducted to identify the type of care necessary to maintain, improve, or establish a treatment care plan. Appropriate documentation such as medical summaries, Individualized Education Plans (IEPs) or Individualized Family Service Plans (IFSPs) must be submitted that clearly identify the need for enrollment. The sponsor is responsible for gathering and submitting these documents. Enrollment in the program is mandatory once a special need is identified.

Enrollment in the SNIP does not prevent Air Force personnel from getting an assignment. Enrollment can provide for an initial deferment or reassignment to set up a program of medical treatment or special education. Once such a program is established, the member reverts to worldwide assignable status. Special assignment consideration will continue as long as the condition exists.

As a parent or spouse of a special needs person, it is your responsibility to contact the SNIP office and let personnel know you and your family have arrived.

Special Needs Children arriving at Seymour Johnson must bring the following information:

Medical records

School records

Documentation of how child was tested (results are valid for 3 years from date of test)

Childcare Needs

On-base childcare or before/after school care, must provide a note from base doctor indicating any necessary modifications to environment, staffing, or activities. There is not an additional charge for special needs children.

For additional information about this program contact the Patient Administration located at the Tri-Care Building at 919-722-1951 or DSN: 312-722-1951. The Life Skill Support Center at 919-722-1883 or DSN: 312-722-1883 can also be of assistance.

Local Community Information

Head Start/Early Head Start of Wayne County -- Provides free education for eligible pre-school age children, during the school year. There is often a wait list for this program.

Within the Wayne County Public Schools, special education programs are provided in the areas of gifted, learning disabled, mentally handicapped, emotionally handicapped, speech, visually and/or hearing impaired, physically handicapped, hospital/homebound, and preschool handicapped.

Related services including physical and occupational therapy, transportation and adaptive physical education are provided for student meeting established criteria. All due process procedures are strictly followed as mandated by state and federal laws.

School Liaison Officer -- Seymour Johnson AFB has a School Liaison Officer, assigned to the Airman and Family Readiness Center, building 3602 and is available to assist newcomers with information on public, private and home schools and can be reached at 919-722-0691 or DSN 312-722-0691.

Health Care - Overview

Moving With TRICARE

Whether moving stateside or overseas, active duty families can now switch their TRICARE Prime enrollment by phone! Before you start your move, contact your losing TRICARE health care contractor to see if you need to switch to a new region. TRICARE does the rest! You must update DEERS (Defense Enrollment Eligibility Reporting System) with your new address so you do not have any disruptions in service and your enrollment moves with you. Get contact information, and more TRICARE moving tips on the TRICARE website.

Your TRICARE coverage is completely portable-meaning it moves with you. You are covered worldwide-both in-transit to your new duty location and once you arrive-but depending on where you go, you may use a different TRICARE health plan option. Additionally, you may have different enrollment steps depending on which health plan option is available in your new area.

When Enrolled in a TRICARE Prime Option

The TRICARE Prime options include TRICARE Prime and TRICARE Prime Remote for stateside and TRICARE Prime Overseas and TRICARE Prime Remote Overseas for overseas. Follow these simple steps to set-up Prime coverage in your new location without a break in coverage.

Do not disenroll from your TRICARE Prime option before you move.

Call your losing contractor and provide information about your upcoming move; new duty station, expected date of arrival, cell phone number, valid email address, and eligible family members moving to the new location.

Your losing contractor passes the information along to your new contractor.

Within five days of your anticipated arrival, your new contractor will try to call/contact you to confirm your arrival and enrollment choices.

Once you agree to the transfer, the process is complete. It could take up to four days, but you never lose TRICAREPrime/Prime Remote coverage.

There are other ways to set-up Prime in your new area:

Before moving, visit your local TRICARE Building to pick-up and complete an enrollment change form. Mail or fax to the new contractor.

Go online and set-up your new enrollment via the Beneficiary Web Enrollment website.

Download and complete a TRICARE Prime Enrollment, Disenrollment and Primany Care Manager (PCM) Change Form. Mail or fax to the new contractor.

Enroll when you in-process at your new duty station.

Enrollment and assignment of a new primary care manager (PCM) should occur within 30 days when moving within the same region, a new region or overseas.

Update your personal information in the Defense Enrollment Eligibility Reporting System (DEERS) immediately, as your new location reflected in DEERS is the key to transferring enrollment.

Where you are moving determines which Prime option is available.

Prime Options in the United States

TRICARE Prime

TRICARE Prime is offered in Prime Service Areas-geographic areas typically located around a military treatment facility-throughout the country.

TRICARE Prime Remote

In non-Prime service areas, which are generally 60 minutes (one hour) drive-time or 50 miles from the nearest MTF, TRICARE offers TRICARE Prime Remote. Enrollment is normally with a network provider when available; otherwise, enrollment is with a TRICARE authorized provider who manages all of your care. Any TRICARE-eligible family members living with you in a TRICARE Prime Remote area can enroll in TRICARE Prime Remote for active duty family members. Be sure to include them on the enrollment form.

TRICARE Managed Care Support Partner Call Toll-Free Website

Region

North Health Net Federal Services, Inc. 877-874-2273 www.hnfs.com

South Humana Military Healthcare Services, Inc. 800-444-5445 www.humana-military.com

UnitedHealthcare Military & Veterans West 877-988-9378 http://www.uhcmilitarywest.com/

Prime Options Outside the United States

TRICARE Prime Overseas (TOP)/TRICARE Prime Remote Overseas

TRICARE Prime Remote Overseas is a Prime option offered in designated remote overseas locations. Commandsponsored family members who reside with you are eligible for TRICARE Prime Overseas. Be sure to include all family members who wish to use TRICARE Prime Overseas.

Before you move to another overseas area or to an area within the United States, contact the nearest TRICARE Service Center or managed care contractor for assistance.

TRICARE - Eurasia - Africa

TRICARE - Latin America and Canada

TOP Regional Call Center (1)

+1-215-942-8393

1-877-451-8659

(Toll-free from the U.S.)

http://www.tricare-overseas.com/

Medical Assistance (2)

+1-215-942-8320

TRICARE - Pacific TOP Regional Call Center (1)

Singapore: +65-6339-2676 1-877-678-1208

(Toll-free from the U.S.)

http://www.tricare-overseas.com/

Sydney: +61-9273-2710 1-877-678-1209

(Toll-free from the U.S.)

http://www.tricare-overseas.com/

Medical Assistance (2)

Singapore: +65-6338-9277 Sydney: +61-2-9273-2760

TOP Regional Call Center (1)

+44-20-8762-8384 1-877-678-1207 (Toll-free from the U.S.) http://www.tricare-overseas.com/

> **Medical Assistance (2)** +44-20-8762-8133

TRICARE Area Office

+49-6302-67-6314 314-496-6314 (DSN)

Toll Free: 1-888-777-8343, option #1

teoweb@europe.tricare.osd.mil

www.tricare.mil/eurasiaafrica

Health Care Claims (Active Duty)

TRICARE Active Duty Claims PO Box 7968 Madison, WI 53707-7968 USA

Health Care Claims (Non-active duty)

TRICARE Overseas Program P.O. Box 8976 Madison, WI 53708-8976 USA

TRICARE Area Office

+1-210-292-8520 312-554-8520 (DSN)

Toll Free: 1-888-777-8343 option #3

taoloc@tma.osd.mil www.tricare.mil/tlac

Health Care Claims (Active Duty)

TRICARE Active Duty Claims P.O. Box 7968 Madison WI 53707-7968 USA

Health Care Claims (Non-active duty)

TRICARE Overseas Program PO Box 7985 Madison, WI 53707-7985 USA

TRICARE Area Office

+81-6117-43-2036 315-643-2036 (DSN)

Toll Free (If calling from U.S.): Singapore: 1-877-678-1208 Sydney: 1-877-678-1209

tpao.csc@med.navy.mil

http://www.tricare.mil/pacific

Health Care Claims (Active Duty)

TRICARE Active Duty Claims PO Box 7968 Madison, WI 53707-7968 USA

Health Care Claims (Non-active duty)

TRICARE Overseas Program PO Box 7985 Madison, WI 53707-7985 USA

- (1) For toll-free numbers contact www.tricare-overseas.com
- (2) Only call Medical Assistance numbers to coordinate overseas emergency care

When Using TRICARE Standard and Extra

TRICARE Standard and Extra are available to family members only. Active duty service members are required to enroll in one of the Prime options described above.

TRICARE Standard and Extra are available throughout the United States and enrollment is not required. Any eligible active duty family member who is registered in DEERS may use these programs by seeing any network (Extra) or nonnetwork TRICARE authorized provider. In areas outside of the United States, active duty family members who do not want to use a Prime option may use TRICARE Standard Overseas by seeing qualified host nation providers.

If you are already using TRICARE Standard and Extra, moving is easy.

Once you arrive at your new location, update your personal information in the Defense Enrollment Eligibility Reporting System (DEERS) immediately.

Find TRICARE-authorized providers in your new area.

Here are a few things to remember about using TRICARE Standard and Extra in a new region

In the U.S.: Visit your new regional contractor's website for a list of network providers. Remember, if you see network providers, you will be using the Extra option and pay lower cost shares.

Outside of the U.S.: Contact International SOS or the MTF Service Center for help locating a qualified host nation provider. The TRICARE Extra option is not available in overseas areas.

If you move to a new region, you will have a new claims address for submitting your TRICARE claims.

Learn your new region's prior authorization requirements because these requirements can differ by region.

When Using TRICARE For Life

TRICARE For Life-TRICARE's supplemental coverage for those who are eligible for Medicare **and have purchased Medicare Part B** - requires no enrollment and you will have a smooth transition when you move. TRICARE for Life contact information: WPS TRICARE For Life, P.O. Box 7889, Madison, WI 53707-7889; 1-866-773-0404; TDD 1-866-773-0405.

Once you arrive at your new location, update your personal information in the Defense Enrollment Eligibility Reporting System (DEERS) immediately.

Find Medicare providers in your new area.

Visit Medicare's website.

If you move overseas, your TRICARE For Life coverage may change depending on where you move. In U.S. Territories such as Guam, Puerto Rico and the U.S. Virgin Islands, TRICARE For Life coverage works the same as the stateside program. But, in all other overseas locations, TRICARE For Life Overseas works differently because Medicare does not provide coverage in most overseas locations. Therefore, TRICARE is the primary payer. You can get care from any host nation provider and may have to pay up front for care received. You will be responsible for TRICARE deductibles and cost shares.

Contact International SOS, or the TRICARE Area Office for the overseas area where you are moving, or the nearest American Embassy Health Unit for assistance finding a host nation provider.

Note*** Active Duty and Active Duty Family Members are not required to purchase Medicare Part B until the sponsor is ready to retire or during the special enrollment period. However, it is highly encouraged to purchase it once eligible to avoid loss of TRICARE coverage.

Getting Care Along the Way

Routine Medical and Dental Care-Get it before you go.

Before you move, make sure you have received any routine medical or dental care you think you might need during the time you will be traveling. Or, delay the care until you get to your new duty location. Check supply of all prescription medications and get refills/new prescriptions until you can make an appointment with your new Primary Care Manager (PCM) at your new duty site.

Emergency Care in the United States-Call 911 or go to the nearest emergency room.

TRICARE defines emergency care as medical services provided for a sudden or unexpected medical or psychiatric condition, or the sudden worsening of a chronic (ongoing) condition that is threatening to life, limb, or sight and needs immediate medical treatment, or which has painful symptoms that need immediate relief to stop suffering. If you are near a military treatment facility (MTF), you should go to the MTF or military dental treatment facility for emergency services. If you are seen in a civilian facility, contact your PCM or regional contractor within 24 hours.

Urgent care in the United States-Coordinate with your PCM and/or regional contractor.

TRICARE defines urgent care as medical care for a condition that will not result in disability or death if not treated immediately but should be treated within 24 hours to avoid further complications. If you are in a Prime program, you must coordinate urgent care with your primary care manager and/or regional contractor before receiving the care. If you are in TRICARE Standard and Extra or TRICARE For Life, you can receive care as you normally would. You should, however, contact your contractor as soon as possible to coordinate any prior authorizations that are needed.

Emergency or Urgent care Overseas follow these steps

AD and ADFM enrolled in TRICARE Prime and travelling outside the United States:

Contact the TRICARE Area Office, or go to their website for assistance finding Emergency or Urgent care. AD and ADFM stationed overseas:

For Urgent care coordination, contact your MTF PCM, or

Contact the closest TRICARE Area Office, or

Contact the TRICARE Overseas Regional Call Center, or

Go to their website (internationalsos.com)

You do not need prior authorization for emergency or urgent care but the TRICARE Area Office or TRICARE Global Remote Call Center will help you find the best care available in the overseas area in which you are traveling.

Filling Prescriptions on the Road

You should have all your prescriptions filled before you leave, but if you need a prescription filled while you are traveling in the United States, you have several options:

If near an MTF, fill the prescription at the MTF pharmacy.

Find the closest TRICARE network pharmacy.

If a network pharmacy is not available, you can visit a non-network pharmacy. In this case, you may have to pay up front for your medications and file a claim with Express Scripts, Inc., for reimbursement. For more details, visit the TRICARE website.

The TRICARE home-delivery is not recommended for a prescription you need right away, but if you'll be away for a long time, you can arrange for any regular prescriptions to be filled via the mail-order pharmacy. Your pharmacy coverage is limited overseas:

TRICARE network pharmacies are only located in the United States, Puerto Rico, Guam and the U.S. Virgin Islands. You can have prescriptions filled at host-nation pharmacies, if necessary. Host-nation pharmacies are treated the same as non-network pharmacies. If you have prescriptions filled at a host-nation pharmacy, you should expect to pay for the total amount up front and file a claim with Wisconsin Physicians Service for partial reimbursement. To learn more about pharmacy claims, visit the TRICARE website.

To use the mail-order pharmacy overseas, the prescription must be from a U.S. licensed provider and you must have an APO or FPO address.

If You Have Questions

Your regional contractors and TRICARE Area Offices are available to answer your questions. These offices are listed above. Find even more information about moving, updating DEERS, the TRICARE regions and much more at the TRICARE website.

Installation Specific Information

Medical Care

Seymour Johnson AFB is home of the Koritz Clinic, named in honor of Major Thomas "Doc" Koritz who was a flight surgeon/pilot killed during Operation Desert Shield. As a small community clinic, primary care and limited specialty care is provided in the clinic. Most specialty care, to include obstetrics, is referred to a local network of providers. Health care requiring an inpatient stay is also referred to a local hospital or medical center.

The principal mission of the 4th Medical Group is to maintain the combat readiness of the 4th Fighter Wing. The 4th Medical Group serves the primary care needs of all TRICARE Prime enrollees as well as offering space available care to other military beneficiaries. Pharmacy, Radiology and Laboratory services are available to all military beneficiaries.

TRICARE Prime beneficiaries are enrolled to one of the following teams: Family Medicine, Flight Medicine or Pediatrics.

You also may use TRICARE ONLINE to obtain routine appointments with the clinic Primary Care Manager (PCM) 24 hours a day. Step by step instructions for registration and procedures are given. It also provides lists of providers, health care and drug information.

Step by step instructions for registration and procedures are available at TRICARE ONLINE. It also provides lists of providers, health care and drug information.

Health and Wellness Center (HAWC)

The HAWC is located on the second floor of the Base Fitness Center. They offer a variety of services to include fitness testing and enhancement, smoking cessation classes and diet counseling.

Pharmacy

The pharmacy is located in the main clinic and has the same operating hours as the clinic.

All personnel should visit the TRICARE Building upon transitioning into the community; advisors will assist you to ensure you are prepared for all your health care needs.

Child and Youth Programs

The Department of Defense takes great pride in the variety and quality of services provided to children and youth on installations worldwide. While the services provided may vary by location, the standards and quality of services are consistent and meet established regulations.

Child development centers

Child development centers generally offer child care for children ages 6 weeks to 5 years. Care is available Monday through Friday, with some locations offering options, such as extended hours, weekend care and respite care. Child development centers vary in size and larger installations may operate multiple facilities. Programs are certified by the Department of Defense and accredited by a national accrediting body, such as the National Association for the Education of Young Children.

Family child care

Children ages 2 weeks to 12 years may receive care in the private home of a certified care provider living in government-owned or leased housing. Care may also be provided in a state-licensed home in the community. In-home child care is typically available weekdays and with additional care provided during evenings, weekends and flexible hourly care for shift work. Regulations limit the number of children who receive care at any one time to no more than six children under age 8 and no more than two children under age 2. Family child care providers must be certified to operate by the installation. Individual providers may voluntarily seek national accreditation from the National Association of Family Child Care.

School-age programs

School-age programs provide care to children in kindergarten through sixth grade. Care is offered before and after school, during non-school days and summer vacations. School-age programs may be located in Department of Defense youth centers, child development centers or in other suitable facilities. All programs are certified by the Department of Defense and accredited by a national accrediting body, such as the Council on Accreditation.

Youth programs

Dynamic programs for youth ages 5 through 18 years are provided in approximately 300 youth and teen program facilities worldwide. A wide variety of offerings includes activities in physical fitness and sports, the arts, life skills, career and volunteer opportunities. Installation programs may also collaborate with other youth-serving organizations, like the Boys & Girls Clubs of America and USDA/4-H programs.

Waiting lists

Military families may be placed on a waiting list for child care when care is not available. Families may request child care through one of two processes:

Visit MilitaryChildCare.com. The Department of Defense website for military families seeking child care provides access to military-operated child care options across all services. Families may search for and request care, manage their requests, and update their profile online, making it easier for them to find the child care they need. Fill out DD Form 2606, Department of Defense Child Development Program Request for Care Record and return it to the child development center, school-age care facility or resource and referral office on the installation.

Child Care

Child Development Center (CDC)

Seymour Johnson AFB operates a Child Development Center located on 1030 Langley Avenue and has a capacity for 186 children, 6 weeks to 5 years of age. The program is accredited through the National Association for the Education of Young Children and the Department of Defense.

Hours of Operation -- The facility is open Monday through Friday, 6:30 a.m. to 5:30 p.m.

Eligibility -- Children, infants through 5 years of age, of any active duty military personnel or Department of Defense civilian employee are eligible to receive care.

Programs Offered -- Following is a list of some programs offered at the CDC:

Full Time Hourly Care - Designed to provide up to 50 hours of care per week, Monday-Friday. This program has a complete developmental program for children and involves children whose parents are both employed or live with one parent.

Hourly Drop-in Care - Space is limited to daily availability. Contact us at 919-722-1197 for assistance in meeting your hourly care needs.

Those PCSing into the base are allowed seven days of child care while the military member and spouse in-process and look for a place to live. The seven days begin when the military member signs into the base. This child care is offered at a rate of \$3 per hour for each child and there is a two-hour minimum requirement. You must call and make reservations.

School Age Program (SAP)

The School Aged Care Program, housed in the Youth Center, has maintained accreditation since 1999. SAP provides before and after school care during the school year and full-day camp during the summer months for youths kindergarten to eighth grade. The center provides a learning rich environment for children through a variety of activities, games, field trips, and fun. Children are picked up and dropped off at the Youth Center by Meadow Lanes Elementary School and Greenwood Middle School. School-Age staff ensures that all children enrolled in the program get on the bus in the mornings and off the bus in the afternoon. This program expands to "all day" care when school is closed for special occasions or teacher conferences. Cost varies and is based on total family income. For more information contact the School Aged Program Coordinator at 919-722-0369.

Family Child Care (FCC)

SJAFB'a Family Child Care program features specially trained and licensed providers who offer in-home care in their base-housing quarters and approved affiliated (off base) homes. These professionals have age appropriate toys, educational materials and safety items. FCC programs offer child care that is comparable to the CDC and they also provide accommodating child care arrangements to include nights, weekends, and flexible hourly or even shift care. FCC regulations limit the number of children that maybe cared for at one time. Licensed or affiliated homes can have a total of 6 children between the ages of 2 weeks to 12 years (this includes the provider's on children under the age of 8 years). Out of the 6 children, only two can be under the age of 2 years.

Give Parents a Break Program

This program offers free child care to families who may be experiencing stress due to a parent's TDY status, recently moving to the area, an illness in the family, having a special needs child or being a single parent. The program is offered once per month and is sponsored in part by the Air Force Aid Society. For more details on program dates or enrollment requirements call us at 919-722-1197

Youth Services

Youth Services

SJ Youth Programs offer programs and activities for youth ages 5-18. Programs include School-Age Care for youth ages 5-12, pre-teen and teen programs, youth sports and fitness, and instructional classes. We partner with the Boys and Girls Clubs of America, 4-H, and the National Alliance for Youth Sports to offer high quality, nationally recognized programs and opportunities for our youth and families. Some highlights are weekly art lessons, lock-ins, youth leadership clubs, trips, dances and more! Our facility features an indoor gym, pre-teen room, music room, teen lounge, and an outdoor basketball court. We overflow daily with fun and exciting activities! We also have W.I.N.K., a youth sponsorship program, for incoming and outgoing youth. Call the Youth Center at 919-722-0502 for information.

New Parent Support Program

General Program Description

The New Parent Support Program offers information, support and guidance to military families who are expecting a child or have a child 3 years old or younger. Services are provided free of charge to eligible families. Program staff provides support in the areas of pregnancy, labor and delivery, infant and toddler care and safety, growth and

development, parenting and family relationships through home visits, classes, support groups and referrals to community services. New Parent Support Program staff understands the impact that military life can have on expectant and new families and assists families in coping with these special situations. Program services are tailored to each family's unique circumstances and can help with preparing for parenthood, parenting skills, understanding growth and development, couple communication and stress management.

Staff qualifications

New Parent Support Program services are provided by registered nurses and licensed medical social workers.

Eligibility

Program services are available to military families with an expectant mother or with children 3 years of age or younger.

Enrollment

To find out more, contact your installation's Family Advocacy Program office. Visit MilitaryINSTALLATIONS and select Family Advocacy Program and your installation from the drop-down menus.

Family Center

Programs and services

As a gateway to the resources you need, the Military and Family Support Center provides information, support and services to help you balance the demands of military life. The Military and Family Support Center is one part of the overall Family Readiness System, which is the network of agencies, programs, services, partnerships and individuals that supports your personal and family life readiness, mobilization and deployment readiness, and mobility and economic readiness. It should be one of your first stops once you arrive at a new installation. The programs and services are a key resource for you and your family. They include:

Deployment support assists you and your family during all phases of the deployment cycle, providing workshops and services to help meet the challenges of deployment, as well as information and referral to deployment-related resources. Services include education briefings for deploying members and families, support services, morale calls and service-specific programs.

Relocation assistance provides an array services to meet your moving needs. Relocation services include, but are not limited to, relocation workshops that help you prepare for a move, information on installations and communities worldwide and, where offered, a loan closet for basic household items. Relocation assistance also includes assistance with in-transit emergencies. Military and Family Support Centers work with other installation agencies to keep relocation information current, timely and relevant to allow you to make informed decisions and ensure you experience a smooth and successful move.

Personal financial management provides information, education and one-on-one financial counseling to assist you and your family in maintaining your financial readiness. Services are designed to address money management issues throughout your active-duty lifecycle and into retirement. Financial readiness educational opportunities range from basic planning to long-term investing.

Employment assistance offers comprehensive information, tools and resources to support career exploration, training and licensing, and employment readiness. Military and Family Support Centers may offer career counseling, local labor market information, trend tracking, skills and interests identification, job bank referrals and resources for self-employment.

Family life education provides information and education to assist you and your family in developing resilience skills that can help as you navigate your mobile military lives.

Information and Referral can assist you in identifying and clarifying needs to determine appropriate forms of assistance and in locating services and programs available both on and off your installation.

The Transition Assistance Program prepares separating, retiring and demobilizing service members (and their families) with the information, skills and knowledge necessary for a successful transition from military to civilian life. The first step in your transition process is to complete the congressionally mandated pre-separation counseling session, which furnishes detailed information on the various benefits and services available.

Military and Family Support Centers may provide other services, such as counseling and family advocacy. Services vary by location.

Installation Specific Information

Military Family Life Consultant - This program is available at Seymour Johnson. MFLC offers free and confidential

counseling to military members and their families. Consultations are anonymous and no records are kept.

Employment - Overview

Employment Options

The Military Spouse Education and Career Opportunities (SECO) Program can help you search for information on portable careers, get you started on your education, finalize that perfect resume, or assist you with your career planning. To learn more, visit their website.

The Military Spouse Employment Partnership (MSEP) web portal has over 130 Fortune 500 Plus military-friendly partner employers who have pledged to recruit, hire, promote, and retain military spouses in portable career job openings and career ladders. To learn more, visit their website.

When you arrive at Seymour Johnson AFB, contact the Airman and Family Readiness Center (A&FRC) for job search assistance. The A&FRC offers the following services: individual counseling, resume assistance, local area employers and job referral information, career exploration, resource library with computers, free internet & Wi-Fi access, fax machine, plus an extensive array of books and pamphlets. Classes are provided to assist with self-assessment, job search skills, resume writing, federal resume, and interviewing skills.

For information about non-appropriated fund (NAF) job opportunities on base, visit the Human Resources Office website, USAF NAF Jobs. For information about federal job opportunities, visit the Federal Government's Official Jobs Site.

Be sure to hand carry all employment records and documents (resume, Standard Form (SF) 50 (if applicable), DD Form 214 (if prior military)), school transcripts, recent performance appraisals, and credentials (certificates/licenses).

Good Prospects

Employment in the local area is oriented toward service, retail, and health industry. Many jobs exist in clerical, health services, bookkeeping/accounting, food and beverage services, data entry, equipment repair, construction, child care and education.

Many positions exist in retail sales and with the banking industry.

Fair Prospects

Textile manufacturing and information systems have more limited openings.

Local Economic Climate

Seymour Johnson AFB is located in a moderate cost of living area, as reflected by Goldsboro's average median income compared to the North Carolina average; wages and salaries in the local area are lower than the state average. The unemployment rate is 5.5%.

There is a Small Business Center at Wayne Community College which provides one-on-one consulting services, resources, and free seminars. Their goal is to help you realize your dream of owning your own business or making your current business more profitable. For information, visit their website. The North Carolina Division of Workforce Solutions' (formerly Employment Security) NC JobConnector, is the official state Labor Exchange system. Job seekers looking for suitable employment are encouraged to visit their website to take advantage of their online job search, posting and referral services.

Due to the mobile nature of the military lifestyle, individuals with education and/or experience in the health care and education fields often are more successful in finding employment upon relocation than are individuals in other career fields. Because of this, and the relatively low wages paid in the local area, many spouses choose to improve their future employment prospects while at Seymour Johnson AFB, through training or education, rather than seeking employment while their sponsor is assigned here. The A&FRC staff can provide information on current resources available to assist in these areas.

Unemployment Compensation

Unemployment Compensation may be available for the spouse of a newly assigned military member or civilian employee who was employed prior to their move to Seymour Johnson AFB. For information, visit the NC Division of Employment Security website.

The Military Spouse Career Advancement Accounts (MyCAA) Program is an employment assistance program that provides up to \$4,000 of financial assistance to eligible military spouses who are pursuing a license, certification or Associate's degree in a portable career field and occupation. For eligibility criteria, list of approved portable careers,

etc. visit their website.

The A&FRC staff can provide information on local scholarships offered by base organizations.

Relocation Assistance

Programs and Services

If a permanent change of station, or PCS, is in your future, you may have questions about moving. As part of the Military and Family Support Center, the Relocation Assistance Program provides services and resources to help make this transition as smooth as possible. Here's what they offer:

Individual PCS planning — Most relocation programs offer one-on-one consultation. In particular, those making their first military move, those making their first overseas move or those with challenging or complex situations should contact the relocation assistance office.

MilitaryINSTALLATIONS and Plan My Move — For managing and planning your move, you may want to take advantage of these DoD-sponsored online relocation tools. You can estimate expenses, locate forms for housing and property shipments, and create a moving calendar.

Loan closet — Where available, loan closets offer basic household goods while your personal property is in transit. Typical items include pots and pans, dishes, silverware, irons, ironing boards and infant or toddler car seats. Generally, towels and bed linens are not available, so these should be packed in your express shipment. **Workshops and briefings** — Workshops vary from installation to installation, but you may find classes on

purchasing real estate and renting, budgeting and finance, moving with children or general moving preparation. **Pre-departure briefings** — These briefings may be called Smooth Move or PCS Briefing, and they provide essential information to prevent you from making uninformed and costly decisions before your move.

Settling-in services — Welcome wagon services, local area tours (with child care sometimes provided), or basic household items to use until your goods arrive may be a part of your installation's settling-in services. Overseas arrival services may include introductory language classes and cultural awareness training.

Foreign-born spouse support — Whether your question concerns immigration and naturalization, learning the English language or how to use local transportation, the relocation program provides assistance, classes and referrals.

Emergency assistance — From time to time, emergencies occur while moving. The Relocation Assistance Program office has the resources to provide emergency financial assistance and referrals.

Installation Specific Information

The Relocation Assistance Program (RAP) provides information, counseling, relocation planning, referral, emergency assistance, and services necessary to support the military members and DOD Civilians, married or single, spouses, and retirees who are undergoing a permanent change of station move or a relocation to Seymour Johnson Air Force, Goldsboro, NC, or the surrounding areas. Services include, but are not limited to: Jump Start, Airmen & Family Newcomer's Orientation/Info Fair and Get Connected, Spouse Breakout Session - Newcomer's Orientation. These events introduce newly arriving service and family members to the base and local community.

Specifically, we coordinate and ensure that agencies from both on base and off base are there to answer questions and give information. Active duty members will be given a date to attend these workshops. Spouses are encouraged to attend Newcomer's Orientation "Get Connected Breakout" session. Topics covered are Tricare, Spouse Employment and Education, things to do in the area, school information and a lot more. Members, who have children that require childcare, are encouraged to use the Air Force Aid Society's "Childcare for PCS" program which provides 20 free hours of childcare. To participate in this program, stop by the Airman and Family Readiness Center with a copy of the PCS orders. This program is open to all ranks but must be used within 60 days of arrival. For additional information regarding Airmen and Family Newcomer's Orientation, contact the Military Personnel Section. For additional informational regarding Jump Start, contact Patient Administration at 919-722-1265/DSN 312-722-1265.

AFAS is expanding the Child Care for PCS program to include AF members with retirement orders, to include TDRL orders. In addition to AF members with PCS orders, those members who are about to retire may be issued a Child Care for PCS certificate for 20 hours of child care at the base they are departing, for use at that base only. The certificate may be issued within 60 days of their date of departure, which may be different from the date of retirement. The Child Care for PCS program does not include members who are separating from the AF, or members moving for reasons other than retirement or PCS.

Heartlink is the official spouse orientation program to the Air Force and the base. This program is designed to enable families to quickly acclimate and become familiar with programs and resources available at the installation. The wing commander drops by to welcome in our families and returns to officially "coin" our spouses who complete the program. It is presented in a light-hearted, game-oriented manner and a complimentary brunch and child care are

provided. Topics covered include protocol, familiarization with the base mission and construction projects underway, free child care for volunteers, spouse employment, spouse scholarships, key spouse program, a base-wide bus tour, programs for families with children, Family Life Education programs available, and programs that support families impacted by deployment. Call the Airman & Family Readiness Center for further information.

First Duty Station Married Airmen's Briefing (First Flight), a one-on-one session, with preferably both the military member and spouse. Designed to be presented immediately after arrival to make sure that Airmen are aware of the financial options available before making any commitments.

Family Services is an all volunteers activity within the Airman and Family Readiness Center, that provides the following relocation services:

Brochure/Information Packages -- Consisting of directories, maps, realtor information, etc, these packages are forwarded from all the major installations world-wide. They can be checked out for 24-hours, and should be remembered when on a TDY also. Many installations also provided videos.

The Loan Closet --The Loan Closet at the Airman & Family Readiness Center is equipped with sleeping mats, pots & pans, dishes, alarm clocks, card tables, chairs, strollers, pack n' play/play pens, car seats, etc. Military members and their families may check these items out (free of charge) by bringing a copy of their orders and their Identification card. PCS personnel, in or out, have first priority and may check these items out for 30 days. Loans are usually for two weeks and if needed loans can be extended depending upon circumstances.

The Airman's Attic -- The Attic has donated items that the military members and their families, in the grades of E-6 (TSgt) and below, can receive free of charge. There are specifications on the number of certain items one family may receive per month and E-5's & E-6's are not allowed to get certain items if E-4 or below is on the waiting list for those items. Check in to see what is available for you.

Married military members will want to be sure to check with the Housing Referral Office to see what rentals are available in the area. If you are choosing not to live on base, don't forget to check with Housing before signing a lease or contract.

Separations from the military are handled by the Separations and Retirement Section of the Military Personnel Flight. Once the decision is made that you will be separating or retiring, whether because of your decision or due to other controls, contact the MPF Section to begin your separation or retirement process.

Loan Closet

Items Available

Just arriving at SJAFB and your unaccompanied baggage/household goods haven't arrived? Or...getting ready to PCS, and the movers have already picked up everything you own! The Airman and Family Readiness Center Loan Closet can assist you and your family with household loan items. Our loan closet is fully stocked with pots, pans, cups, glasses...practically everything that goes in the kitchen. The closet also offers loan items such as alarm clocks, card tables and chairs, portable beds, ironing boards, baby strollers, car seats, port-a-cribs, and many more items.

We do not provide bed linens.

How to Borrow

Come visit the Airman & Family Readiness Center Loan Closet...we are here to help! For more information call us at 919-722-1123.

Financial Assistance

Personal Financial Readiness Program

The Personal Financial Readiness Program emphasizes personal financial responsibility and accountability by providing basic principles and practices of sound money management, counseling tools, and referral services. The Financial Manager is available for those who are experiencing money management difficulties or for those who wish to be in control of their finances. A Financial counselor can work with you to prepare a personalized budget and spending plan. Information and assistance is also available in areas such as military pay and allowances, consumer rip-offs, savings, insurance, car buying, the financial aspects of home buying, credit card management, and much more.

A wide range of classes are available, including: Building Your Financial Foundation, Improving Your Credit Score, Investing in Your Future- The Thrift Savings Plan, Understanding the Car Buying Game, Moving Off-Base Budgeting, Identity Theft Prevention, and more.

To schedule an appointment with a Financial Counselor or to register for a workshop call 919-722-1123 or DSN 312-722-1123.

Air Force Aid Society

There also are Air Force Aid Representatives, located in the Airman and Family Readiness Center who will assist you with any type of emergency financial need. They will assess each case and act accordingly. If an emergency happens while in transit go to the nearest military base (any branch of the service) for assistance. If no military base is available go to the nearest Red Cross office. Of course, the American Red Cross is available to also assist in emergency (loss of family member) situations. Don't hesitate to contact these agencies should an emergency arise.

Advance Pay

When relocating you are eligible to draw an Advance Pay to assist with costs associated with the PCS. Remember that these repayments will be automatically withdrawn from the service member's pay monthly, which can reduce monthly income. Often, relocating costs more than one originally anticipates. If you find yourself in a financial pinch, please investigate loans through Air Force Aid (ask about the Falcon Loan), Advance Pay, or personal loan with your banking institution. Avoid pay-day loans at all costs! Becoming and remaining financially-fit is critical to your success in the Air Force. Don't wait until it's too late to request assistance.

Child Care for PCS

The Air Force Aid Society and the Family Child Care Office (FCC) have joined to provide 20 hours of free child care (per child). Stop by the Airman and Family Readiness Center for a certificate to use as a voucher with the FCC. This "Child Care for PCS" opportunity expires 60 days after your arrival.

Emergency Assistance

Planning for Emergencies

No matter how well you've planned, emergencies do happen.

For Assistance En Route:

First of all, look for the nearest military installation. If there is no installation listed for the area, then we suggest you call AAA, if you are members, or ask the local information operator for a hospital or road service, depending on the emergency.

Be sure to contact your sponsor or your unit orderly room/First Sergeant. If you do not have a sponsor nor know the phone number for your squadron, call the Military Personnel Section at 919-722-8686 and they will coordinate with your gaining unit. If it is after duty hours, contact the Command Post at 919-722-2679 or DSN 312-722-2679 and provide them with as much information as possible about the incident and your squadron.

American Red Cross

The American Red Cross and the Air Force Aid Society are available for emergency aid. Red Cross phone numbers are usually listed in the white pages of the local phone directory. They can help with emergency financial assistance and contacting people that will need to know where you are and what's happening.

Air Force Aid Society

There also are Air Force Aid Representatives, located in the Airman and Family Readiness Center who will assist you with any type of emergency financial need. They will assess each case and act accordingly. If an emergency happens while in transit go to the nearest military base (any branch of the service) for assistance. If no military base is available go to the nearest Red Cross office. Of course, the American Red Cross is available to also assist in emergency (loss of family member) situations. Don't hesitate to contact these agencies should an emergency arise.

Emergency Contacts/Organizations

A number of agencies or people on base are available to assist you during emergencies. Your First Sergeant, Commander, and individual unit will preferably be your first points of contact during an emergency. Security Force Base Defense Operations Center is available 24/7 by calling (919) 722-7592 and the Base Command Post at (919) 722-0004.

Victim Advocate

For immediate emergency assistance call the Military Police at 919-722-0911.

Legal Assistance

Legal Services

The Seymour Johnson Legal Office, located at 1600 Wright Brothers Avenue, Ste. 265, provides legal consultation and creates Wills and Powers of Attorney for military members, retirees, and their families. The office hours are Tuesday - Friday, 0900 - 1530. Wills and consultations are by appointment only, powers of attorney and notaries are walk-in.

For additional information on SJ AFB legal services, please call DSN 312-722-5322 or Comm (919)722-5322. You can also visit our legal assistance website for further information.

Deployment Support

Family Deployment Support

This is where the Airman & Family Readiness Center can be invaluable to you and here at Seymour Johnson AFB, we live by our motto, "We're here for YOU."

Contact the Family Readiness NCO once you reach Seymour Johnson AFB for more information on the following programs which may be available to you or your family members during your deployment:

Hearts Apart and Morale Calls Readiness Emergency Sleep Tool (R.E.S.T)

Car Care Because We Care Give Parents A Break Heart Apart Events Referral Services

Town Hall Meetings Childcare for Deployments (before, during & after)

Take care of personal matters such as powers of attorney, banking arrangements, allotments, and make sure all finances are in order. Make sure all ID cards are current, and birth certificates and school transcripts are in a place your spouse can locate them. For more information contact the Family Readiness NCO at Comm: 919-722-1123/DSN 312-722-1123.

Contact Information

DSN Dialing Instructions: When dialing a DSN number from U.S. installation to U.S. installation, it is unnecessary to dial the 312 area code. When dialing a DSN number to/from overseas locations, the DSN area code must be included.

Airman & Family Readiness Center 1200 Wright Brothers Avenue Suite 100 4 FSS/FSFR Seymour Johnson AFB, NC 27531 Phone 919-722-1123 / 919-722-1124 Phone (DSN) 312-722-1123 Fax 919-722-1126 Fax (DSN) 312-722-1126 Email | Website | Map

Automotive Services

Auto Hobby Shop 1295 Jabara Ave Seymour Johnson AFB, NC 27531 Phone 919-722-1309 Phone (DSN) 312-722-1309 Mon & Wed 8:00 am – 5:00 pm

Adult Education Centers

Education and Training 1520 Goodson St Seymour Johnson AFB, NC 27531 Phone 919-722-5800 Phone (DSN) 312-722-5800 Fax 919-722-5809 Mon – Fri 8:00 am - 4:00 pm Sat & Sun – closed Federal Holidays - closed Email | Map

Beauty/Barber Shops

Barber Shop Eagles Landing (Open to all ranks) 1240 Andrews St. Seymour Johnson AFB, NC 27531 Phone 919-722-7760 Mon – Fri 9:00 a.m. - 4:30 p.m. Sat & Sun – closed Tue, Thu - Sat 8:00 am – 8:00 pm Website | Map

Beauty/Barber Shops

Outdoor Recreation (Open to all ranks) 515 Goodson St.
Seymour Johnson AFB, NC 27531
Phone 919-735-9442
Mon - Sat 8:30 a.m. - 6:00 p.m.
Sun 11:00 a.m. - 5:00 p.m.
Map

Chapels

Base Chapel
1505 Vermont Garrison Street
Seymour Johnson AFB, NC 27531
Phone 919-722-0315
Phone (DSN) 312-722-0315
Fax 919-722-0311
Mon - Fri 7:30 am - 4:30 pm
Sat & Sun - closed
Federal Holidays - closed
Map

Civilian Personnel Office

Human Resources Employment (Civilian Personnel)
1570 Wright Brothers Ave
Seymour Johnson AFB, NC 27531
Phone 919-722-0117
Phone (DSN) 722-0117
Fax 919-722-0107
Fax (DSN) 722-0107
Mon - Fri 7:30 am - 4:30 pm
Sat & Sun - closed
Federal Holidays - closed
Map

Commissary/Shoppette

Service Station/Shoppette/Class VI 1090 Cannon Avenue Seymour Johnson AFB, NC 27531 Phone 919-734-7235 Sun 9:00 am – 9:00 pm Mon – Fri 6:00 am – 11:00 pm Sat 8:00 am – 11:00 pm Map

EFMP - Enrollment

EFMP Enrollment 4 MDSS/SGST 1050 Jabara Avenue Seymour Johnson AFB, NC 27531 Phone 919-722-0809 Phone (DSN) 312-722-0809 Fax 919-722-1986 Fax (DSN) 919-722-1986 Federal Holidays - closed Map

Beneficiary Counseling Assistance Coordinators

TRICARE Service Center
1057 Jabara Avenue
Seymour Johnson AFB, NC 27531
Phone 919-722-1988
Phone (DSN) 312-722-1988
Fax 919-722-2496
Mon – Fri 7:30 am - 4:30 pm
Sat, Sun & federal Holidays - Closed
Closes at noon on the second Wed of
each month for readiness training
Email | Website | Map

Child Development Centers

Child Development Center 1030 Langley Avenue Seymour Johnson AFB, NC 27531 Phone 919-722-1198 Phone (DSN) 312-722-1198 Fax 919-722-1196 Mon – Fri 6:30 am - 5:30 pm Sat & Sun – closed Federal Holidays - closed Website | Map

Commissary/Shoppette

Commissary
1310 Edwards Street
Seymour Johnson AFB, NC 27531
Phone 919-722-0319
Phone (DSN) 312-722-0319
Sun 12:00 noon – 6:00 pm
Mon – Closed
Tue – Sat 9:00 am – 7:00 pm
Website | Website | Map

Dental Clinics

Dental Clinic (Kiecker Clinic) 1050 Jabara Ave Seymour Johnson AFB, NC 27531 Phone 919-722-1933 Phone (DSN) 312-722-1933 Fax 919-722-1932 Fax (DSN) 312-722-1932 Mon – Fri 7:00 am - 4:30 pm Sat & Sun – closed Federal Holidays - closed Map

EFMP - Family Support

Airman and Family Readiness Center – EFMP Family Support 1200 Wright Brothers Avenue 4 FSS/FSFR Seymour Johnson AFB, NC 27531 Phone 919-722-1123 / 919-722-1124 / 919-722-1125 Phone (DSN) 312-722-1123 Fax 919-722-1126 Fax (DSN) 312-722-1126 Mon – Fri 7:30 am - 4:30 pm Sat & Sun – closed Federal Holidays - closed Website | Map

Emergency Relief Services

Air Force Aid Society (Airman & Family Readiness Center)
1200 Wright Brothers Ave
Seymour Johnson AFB, NC 27531-2442
Phone 919-722-1123
Phone (DSN) 312-722-1123
Fax 919-722-1126
Fax (DSN) 312-722-1126
Mon - Fri 7:30 am - 4:30 pm
Weekend / after hours - Command Post
Website | Website | Map

Family Advocacy Program

Family Advocacy
1050 Jabara Avenue
Seymour Johnson AFB, NC 27531
Phone 919-722-1878
Phone (DSN) 312-722-1878
Fax 919-722-1578
Mon - Fri 7:30 am - 4:30 pm
Sat & Sun - closed
Federal Holidays - closed
Map

Family Child Care/Child Development Homes

Family Child Care Program 1200 Wright Brothers Avenue Seymour Johnson AFB, NC 27531 Phone 919-722-7194 Phone (DSN) 312-722-7194 Fax 919-722-1126 Tues – Fri 7:30 am - 4:30 pm Sat & Sun – closed Federal Holidays - closed Website | Map

Financial Institutions

Credit Union, North Carolina Community Federal (On base branch) 1350 Edwards Street Seymour Johnson AFB, NC 27531 Phone 919-583-9910 Phone (DSN) 312-583-9105 Fax 919-734-1910 Mon - Fri 8:00 a.m. - 5:00 p.m. Website | Map

Gymnasiums/Fitness Centers

Fitness & Sports Center (Gymnasium) 1500 Langley Ave Seymour Johnson AFB, NC 27531 Phone 919-722-0408 Phone (DSN) 312-722-0408 Fax 919-722-0424 Mon – Fri 8:00 am - 4:00 pm Sat & Sun – closed Federal Holidays - closed Email | Website | Map

Exchange(s)

AAFES (Army, Air Force, Exchange Services)
1350 Edwards Street
Seymour Johnson AFB, NC 27531
Phone 919-735-9442
Mon – Sat 9:00 am – 7:00 pm
Sun 11:00 am – 5:00 pm
AAFES Barber Shop (Located inside Exchange Foyer:
Mon – Sat 8:30 a.m. – 6:00 p.m.
Sun 11:00 a.m. – 5:00 p.m.
Website | Website | Map

Family Center

Airman and Family Readiness Center
1200 Wright Brothers Avenue
4 FSS/FSFR
Seymour Johnson AFB, NC 27531
Phone 919-722-1123 / 919-722-1124 / 919-722-1125
Phone (DSN) 312-722-1123
Fax 919-722-1126
Fax (DSN) 312-722-1126
Mon – Fri 8:00 am - 4:00 pm
Sat & Sun – closed
Federal Holidays - closed
Email | Website | Map

Finance Office

Travel Pay/Military Pay Customer Service 1600 Wright Brothers Ave Bldg 3010 Seymour Johnson AFB, NC 27531 Phone 919-722-5679 Phone (DSN) 722-5679 Fax 919-722-5338 Fax (DSN) 722-5338 Mon – Fri 7:30 am - 4:30 pm Sat & Sun – closed Federal Holidays – closed Map

Golf Courses

Golf Course (Three Eagles Golf Course)
1385 S. Andrews Street
Seymour Johnson AFB, NC 27531
Phone 919-722-0395
Phone (DSN) 312-722-0395
6:30 a.m. to dusk (Apr – Oct)
8 a.m. to dusk (Nov – Mar)
Closed Thanksgiving, Christmas and New Years Day
Website | Map

Hospitals/Medical Treatment Facility(s)

Hospital/Clinic (Koritz Clinic) 1050 Jabara Ave Seymour Johnson AFB, NC 27531 Phone 919-722-1802 / 919-722-0826 Phone (DSN) 312-722-1802 Fax 919-722-1597 Fax (DSN) 312-722-0424 Mon – Fri 5:00 am – 11:00 pm Sat, Sun, Federal Holidays 7:30 am – 6:30 pm Closed Thanksgiving and Christmas Day Website | Map Mon – Fri 7:30 am - 4:30 pm Sat, Sun & Federal Holidays – closed Closes at noon on the second Wed of each month for readiness training.

Hospitals/Medical Treatment Facility(s)

Mental Health
4 MDOS/SGOH
1050 Jabara Avenue
Seymour Johnson AFB, NC 27531
Phone 919-722-1883
Phone (DSN) 312-722-1883
Fax 919-722-1578
Mon – Fri 7:30 am - 4:30 pm
Sat, Sun & Federal Holidays – closed
Closes at noon on the second Wed of each
month for readiness training.

Household Goods/Transportation Office (inbound)

Traffic Management Office (TMO) 1280 Humphrey St Bldg 3500 Rm 9 Seymour Johnson AFB, NC 27531 Phone 919-722-5458/5490 Phone (DSN) 312-722-5448/5490 Mon – Fri 8:00 am - 3:30 pm Sat & Sun – closed Federal Holidays - closed Map

Housing Office/Government Housing

Housing Office 1500 Vermont Garrison Street Seymour Johnson AFB, NC 27531 Phone 919-722-0362/0363/0364 Mon – Tue 8:30 am – 3:30 pm Wed 9:00 am – 3:30 pm Thu – Fri 8:30 am – 3:30 pm Sat & Sun – closed Federal Holidays - closed Map

Housing Referral Office/Housing Privatization

Housing Office 1500 Vermont Garrison Street Seymour Johnson AFB, NC 27531 Phone 919-722-0595 Phone (DSN) 312-722-0595 Mon – Tue 8:30 am – 3:30 pm Wed 9:00 am – 3:30 pm Thu – Fri 8:30 am – 3:30 pm Sat & Sun – closed Federal Holidays - closed Map

ID/CAC Card Processing

Military Personnel Element (Customer
Service)
1600 Wright Brothers Avenue
BLDG 3010
Seymour Johnson AFB, NC 27531
Phone 919-722-8702
Phone (DSN) 312-722-8702
Phone (DSN) 312-722-8702
Appointments are recommended
(Walk-in service is limited)
Mon – Fri 8:00 am – 3:30 pm
First Wednesday of each month, 8:00 am
– 12:00 pm
Sat & Sun – closed
Federal Holidays and ACC Family Days - closed

Information and Referral Services

Information & Referral (Airman & Family Readiness Center)
1200 Wright Bros. Ave
Seymour Johnson AFB, NC 27531
Phone 919-722-1123
Phone (DSN) 312-722-1123
Fax 919-722-1126
Fax (DSN) 312-722-1126
Mon – Fri 8:00 am - 4:00 pm
Sat & Sun – closed
Federal Holidays - closed
Email | Map

Legal Services/JAG

Website | Map

Legal Office 1600 Wright Brothers Avenue Ste. 265 Seymour Johnson AFB, NC 27531 Phone 919-722-5322 Phone (DSN) 312-722-5322 Fax 919-722-5316 Fax (DSN) 312-722-5316

Library

Library (Watkins-Das Learning Center)
1520 Goodson St
Seymour Johnson AFB, NC 27531
Phone 919-722-5825
Phone (DSN) 312-722-5825
Mon – Thu 10:00 am – 8:00 pm
Fri 10:00 am – 6:00 pm
Sat 10:00 am – 5:00 pm

Tues - Fri 9:00 am - 3:30 pm Sat & Sun - closed Federal Holidays - closed Map

Sun / Federal Holidays - closed Website | Map

Loan Closet

Loan Closet (Airman & Family Readiness Center) 1200 Wright Brothers Avenue Seymour Johnson AFB, NC 27531-2442 Phone 919-722-1123 Phone (DSN) 312-722-1123 Fax 919-722-1126 Fax (DSN) 312-722-1126 Mon – Fri 8:00 am - 4:00 pm Sat & Sun - closed Federal Holidays - closed

MWR (Morale Welfare and Recreation)

Eagles Landing Club 1240 Andrews St. Seymour Johnson AFB, NC 27531 Phone 919-722-1192/1194 Administration Hrs Mon-Fri 8:00 a.m. - 4:30 p.m. Cashier's Cage Monday - Friday, 10:00 a.m. to 3:00 p.m.

MWR (Morale Welfare and Recreation)

Email | Website | Map

Kitty Hawk Lounge (Enlisted Lounge) 1240 Andrews St. Seymour Johnson AFB, NC 27531 Phone 919-722-1192/1194 Friday, 4 pm to 1 am Saturday, 2 to 11:30 pm Map

MWR (Morale Welfare and Recreation)

Bowling Centers (Planet Bowl) 1290 Andrews Street Seymour Johnson, NC 27531 Phone 919-722-0350 / 919-722-0349 (Snack Bar call in line) Phone (DSN) 312-722-0350 Sun 1:00pm - 7:00pm Mon - Thur 7:00am - 9:00pm Fri 7:00am - 12:00am Sat 9:00am - 11:30pm Closed Thanksgiving, Christmas, New Years Day Snack Bar closes one hour prior to bowling center.

MWR (Morale Welfare and Recreation)

Community Center (Heritage Hall) 1175 Wright Brother Ave. Seymour Johnson AFB, NC 27531 Phone 919-722-0339/0340 Phone (DSN) 312-722-0339/0340 Mon-Fri 8:00am-4:00pm Evenings/Saturdays by appointment only Sun/Federal Holidays- closed Map

MWR (Morale Welfare and Recreation)

Outdoor Recreation and Arts & Crafts 1515 Goodson Street 4th Force Support Squadron Seymour Johnson AFB, NC 27531 Phone 919-722-1106 Phone (DSN) 312-722-1106 Seasonal Hours: Summer (May 3 – Oct 1) Mon -Fri 10:00 a.m. - 5:00 p.m. Sat 8:00 a.m. - 12:00 p.m. Down days 10:00 a.m. - 12:00 p.m. Sun/Holidays closed Map

Military Clothing Sales

Clothing Sales Store 1350 Edwards St. Seymour Johnson AFB, NC 27531 Phone 919-722-1193 Phone (DSN) 312-722-1193 Mon - Sat 9:00 am - 7:00 pm Sun 11:00 am – 5:00 pm Map

Non-appropriated Funds (NAF) Human Resources

Non-Appropriated Fund (NAF) 1570 Wright Brothers Avenue Seymour Johnson AFB, NC 27531 Phone 919-722-5939 Phone (DSN) 312-722-5939 Mon - Fri 7:30 am - 4:30 pm Sat & Sun – closed Federal Holidays - closed Website | Map

Personal Financial Management Services

Personal Financial Readiness Program (Airman & Family Readiness Center) 1200 Wright Brothers Ave,

Personnel Support Office

Military Personnel Section (Customer Service) 1600 Wright Brothers Avenue BLDG 3010 Seymour Johnson AFB, NC 27531 Phone 919-722-8686

Seymour Johnson AFB, NC 27531-2442 Phone 919-722-1123 Phone (DSN) 312-722-1123 Fax 919-722-1126 Fax (DSN) 312-722-1126 Mon – Fri 8:00 am - 4:00 pm Sat & Sun – closed Federal Holidays - closed Email | Website | Map

Relocation Assistance Program

Relocation Assistance Program (Airman & Family Readiness Center) 1200 Wright Brothers Ave, Seymour Johnson AFB, NC 27531-2442 Phone 919-722-1123 Phone (DSN) 312-722-1123 Fax 919-722-1126 Fax (DSN) 312-722-1126 Mon - Fri 8:00 am - 4:00 pm Sat & Sun - closed Federal Holidays - closed Email | Map

Retirement Services

Separation/Retirement Section (Military Personnel) 1570 Wright Brother Ave BLDG 2903 Seymour Johnson AFB, NC 27531 Phone 919-722-8721 Phone (DSN) 312-722-8721 Fax 919-722-4005 Fax (DSN) 312-722-4005 Mon - Fri 8:30 am - 3:30 pm Sat & Sun - closed Federal Holidays - closed and ACC Family Days - Closed Map

School Liaison Office/Community Schools

School Liaison Officer Airman and Family Readiness Center 1200 Wright Brothers Avenue Seymour Johnson AFB, NC 27531 Phone 919-722-0691 Phone (DSN) 312-722-0691 Fax 919-722-1126 Fax (DSN) 312-722-1126 Mon - Fri 8:00am - 4:00pm Sat & Sun - closed Federal Holidays - closed Email | Website | Website | Map

Temporary Lodging/Billeting

Temporary Lodging Facility (Southern Pines Inn) 1235 Wright Brothers Avenue Seymour Johnson AFB, NC 27531 Phone 919-722-0385 Phone (DSN) 312-722-0385 Management: Mon - Fri 8:00 am - 5:00 pm

Phone (DSN) 312-722-8686 Fax 919-722-8700 Fax (DSN) 312-722-8700 Mon - Fri 8:00 am - 3:30 pm First Wednesday of the Month - closed at 12:00 pm Sat & Sun – closed Federal Holidays - closed Website | Map

Restaurants/Fast Food

Southern Eagle Dining Facility 3650 Pope St. Seymour Johnson AFB, NC 27531 Phone 919-722-5293 Phone (DSN) 312-722-5293 Fax 919-722-5297 Fax (DSN) 312-722-5297 Management: Mon - Fri 6:00 am - 5:00 pm Sat, Sun, Holidays - 5:00 am - 2:30 pm

School Age Care

Youth Center 1035 Langley Avenue Seymour Johnson AFB, NC 27531 Phone 919-722-0502 Phone (DSN) 312-722-0502 Fax 919-722-0400 Mon-Thurs 2:45 p.m. - 7:00 p.m. and Fri 2:45-8:00 p.m. for youth participation Sat & Sun - closed Federal Holidays - closed Map

Spouse Education, Training and Careers

Employment Readiness Program (Airman & Family Readiness Center) 1200 Wright Brothers Avenue Seymour Johnson AFB, NC 27531 Phone 919-722-1123 Phone (DSN) 312-722-1123 Fax 919-722-1126 Fax (DSN) 312-722-1126 Mon - Fri 8:00 am - 4:00 pm Sat & Sun – closed Federal Holidays - closed Website | Map

Transition Assistance Program

Transition Assistance Management (Airman & Family Readiness Center) 1200 Wright Brothers Avenue Seymour Johnson AFB, NC 27531-2442 Phone 919-722-1123 Phone (DSN) 312-722-1123 Fax 919-722-1126 Fax (DSN) 312-722-1126 Mon – Fri 8:00 am - 4:00 pm

Desk Services - 24/7 Map

Travel Office

Winggate Travel (Official Travel Only) 1280 Humphreys Street Seymour Johnson AFB, NC 27531 Phone 919-648-4131 Mon – Fri 7:30 am - 4:30 pm Sat & Sun – closed Federal Holidays - closed Email | Map Sat & Sun – closed Federal Holidays - closed Email | Website | Map

Veterinary Services

Veterinary Services (On Base)
1550 Jabara Avenue
4 AMDS/Veterinary Services
Seymour Johnson AFB, NC 27531
Phone 919-722-1465
Phone (DSN) 312-722-1465
Fax 919-722-1466
Fax (DSN) 312-722-1466
Mon – Thu 9:00 am – 3:00 pm
(By appointment only)
Sat and Sun - closed
Federal Holidays – closed
Last working day of month-Closed for Inventory
Map

Victim Advocate Services

Sexual Assault Prevention and Response Program
1570 Wright Brothers Avenue
Seymour Johnson AFB, NC 27531
Phone 919-722-0154 / 919-722-SARC
(7272) Hotline / 919-920-7272 (cell)
Phone (DSN) 312-722-0155
Fax 919-722-0288
Mon - Fri 7:30 a.m. - 4:30 p.m.
Sat & Sun - Closed - call cell
Federal Holidays - Closed - call cell
Map

Victim Advocate Services

Security Forces
1010 Vermont Garrison Street
Seymour Johnson AFB, NC 27534
Phone 919-722-0911 - Any Emergency / 919-722-7591/7592 - Base
Defense Operation Center (BDOC) / (919) 722-1209 - Helping Hand Line
24/7
Map

Welcome/Visitors Center

Welcome Center 1585 Andews St. Seymour Johnson AFB, NC 27531 Phone 919-722-1343 Phone (DSN) 312-722-1343 Mon-Sat 7:00 a.m. - 8:00 p.m. Sun 9:00 a.m. - 5:00 p.m. Map

Women, Infants, and Children (WIC & WIC-O)

WIC (Women, Infants, and Children)
1200 Wright Brothers Ave.,
Seymour Johnson AFB, NC 27531-2442
Phone 919-705-1779
Fax 919-722-1126
Fax (DSN) 312-722-1126
Mon 7:30 am – 4:30 pm
Wed 7:30 am – 4:30 pm
Tues, Thurs, Fri, Sat, Sun & Federal Holidays – closed
Website | Map

Youth Programs/Centers

Youth Center
1035 Langley Avenue
Seymour Johnson AFB, NC 27531
Phone 919-722-0502
Phone (DSN) 312-722-0502
Fax 919-722-0400
Mon-Thurs 2:45 p.m. - 7:00 p.m. and Fri 2:45-8:00 p.m. for youth participation
Sat & Sun - closed
Federal Holidays - closed
Map

Major Units

4th Aeromedical Dental Squadron

Contact Information:

Commander

COM: 919-722-1713 DSN: 312-722-1713 COM FAX: 919-722-1932 DSN FAX: 312-722-1932

4th Medical Support Squadron

Contact Information:

Commander

COM: 919-722-1772 DSN: 312-722-1772 COM FAX: 919-722-1597 DSN FAX: 312-722-1597

4th Medical Operations Squadron

Contact Information:

Commander

COM: 919-722-1759 DSN: 312-722-1759 COM FAX: 919-722-1952 DSN FAX: 312-722-1952

916th Air Refueling Wing

Contact Information:

Commander

COM: 919-722-2250 DSN: 312-722-2250 COM FAX: 919-722-2242 DSN FAX: 312-722-2242

4th Force Support Squadron

Contact Information:

Commander

COM: 919-722-5331 DSN: 312-722-5331 COM FAX: 919-722-5330 DSN FAX: 312-722-5330

4th Fighter Wing

Contact Information: COM: 919-722-0001 DSN: 312-722-0001 COM FAX: 919-722-0011 DSN FAX: 312-722-0011

372nd Training Squadron, Det 1

Contact Information: Detachment Chief COM: 919-722-3022 DSN: 312-722-3022 COM FAX: 919-722-3018

DSN FAX: 312-722-3018

4th Comptroller Squadron

Contact Information:

Commander

COM: 919-722-5700 DSN: 312-722-5700 COM FAX: 919-722-5380 DSN FAX: 312-722-5380

4th Operations Group

Contact Information:

Commander

COM: 919-722-2601 DSN: 312-722-2601 COM FAX: 919-722-2631 DSN FAX: 312-722-2631

4th Operations Support Squadron

Contact Information:

Commander

COM: 919-722-2116 DSN: 312-722-2116 COM FAX: 919-722-2462 DSN FAX: 312-722-2462

4th Aircraft Maintenance Squadron/333 AMU

Contact Information:

Commander

COM: 919-722-4451 DSN: 312-722-4451 COM FAX: 919-722-4276 DSN FAX: 312-722-4276

4th Aircraft Maintenance Squadron /334 AMU

Contact Information:

Commander

COM: 919-722-3256 DSN: 312-722-3256 COM FAX: 919-722-4276 DSN FAX: 312-722-4276

4th Aircraft Maintenance Squadron /335 AMU

Contact Information:

Commander

COM: 919-722-3238 DSN: 312-722-3238 COM FAX: 919-722-4276 DSN FAX: 312-722-4276

4th Aircraft Maintenance Squadron /336 AMU

Contact Information:

Commander

COM: 919-722-4379 DSN: 312-722-4379 COM FAX: 919-722-4276 DSN FAX: 312-722-4276

4th Training Squadron

Contact Information:

Commander

COM: 919-722-4301 DSN: 312-722-4301 COM FAX: 919-722-4329 DSN FAX: 312-722-4329

4th Aircraft Maintenance Squadron/333 AMU

Contact Information: Contact Information:

Commander

COM: 919-722-2057 DSN: 312-722-2057 COMM FAX: 919-722-2466 DSN FAX: 312-722-2466

4th Component Maintenance Squadron

Contact Information:

Commander

COM: 919-722-4064 DSN: 312-722-4064 COM FAX: 919-722-4047 DSN FAX: 312-722-4047

4th Equipment Maintenance Squadron

Contact Information:

Commander

COM: 919-722-3183 DSN: 312-722-3183 COM FAX: 912-722-4411 DSN FAX: 312-722-4411

4th Contracting Squadron

Contact Information:

Commander

COM: 919-722-5412 DSN: 312-722-5412 COM FAX: 919-722-5414 DSN FAX: 312-722-5414

4th Logistics Readiness Squadron (LRS)

Contact Information:

Commander

COM: 919-722-5235 DSN: 312-722-5235 COM FAX: 919-722-5204 DSN FAX: 312-722-5204

4th Communications Squadron

Contact Information:

Commander

COM: 919-722-1001 DSN: 312-722-1001 COM FAX: 919-722-1004 DSN FAX: 312-722-1004

4th Civil Engineer Squadron

Contact Information:

Commander

COM: 919-722-5142

DSN: 312-722-5142 COM FAX: 919-722-5116 DSN FAX: 312-722-5116

4th Medical Group

Contact Information:

Commander

COM: 919-722-1812 DSN: 312-722-1812 COM FAX: 919-722-1952 DSN FAX: 312-722-7952

567th RED HORSE Squadron

Contact Information: COM: 919-722-1460 DSN: 312-722-1460 COM FAX: 919-722-1463 DSN FAX: 312-722-1463

911th Air Refueling Squadron

COM: 919-722-7686 DSN: 312-722-7686 COM FAX: 919-722-7881 DSN FAX: 312-722-7881

4th Security Forces Squadron

Contact Information:

Commander

COM: 919-722-2500 DSN: 312-722-2500 Emergency: 919-722-0911

Base Defense Operation Center (919) 722-7591/7592

COM FAX: 919-722-2527 DSN FAX: 312-722-2527

307th Fighter Squadron

Contact Information: COM: 919-722-4509 DSN: 312-722-4509

307th Maintenance Squadron

COM: 919-722-4305 DSN: 312-722-4305

414th Fighter Group

COM: 919-722-4310 DSN: 312-722-4310 COM FAX: 919-722-4329 DSN FAX: 312-722-4329